

Paul Reynolds Community Centre

Swimming Pool Schedule Monday, June 12 to Friday, June 30

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7 to 8:50 a.m. Lane & Leisure Swim	6:30 to 8:50 a.m. Lane & Leisure Swim	6:30 to 8:50 a.m. Lane & Leisure Swim	6:30 to 8:50 a.m. Lane & Leisure Swim	6:30 to 8:50 a.m. Lane & Leisure Swim	6:30 to 8:50 a.m. Lane & Leisure Swim	7 to 8:50 a.m. Lane & Leisure Swim
9 to 10:50 a.m. Lane & Leisure Swim	9 to 9:50 a.m. Deep Water Fitness & Leisure Swim	9 to 9:50 a.m. Deep Water Fitness & Leisure Swim	9 to 9:50 a.m. Deep Water Fitness & Leisure Swim	9 to 9:50 a.m. Deep Water Fitness & Leisure Swim	9 to 9:50 a.m. Deep Water Fitness & Leisure Swim	9 to 10:20 a.m. Lane & Leisure Swim
11 to 12:50 pm Everyone Welcome Swim	10 to 1:50 p.m. Lane & Leisure Swim	10 to 10:50 a.m. Shallow Water Fitness & Leisure Swim	10 to 1:50 p.m. Lane & Leisure Swim	10 to 10:50 a.m. Shallow Water Fitness & Leisure Swim	10 to 1:50 p.m. Lane & Leisure Swim	10:30 to 11:50 a.m. Everyone Welcome Swim
1 to 1:50 p.m. Family Swim	2 to 2:50 p.m. Lane & Leisure Swim	11 to 1:50 p.m. Lane & Leisure Swim	2 to 2:50 p.m. Shallow Water Fitness & Leisure Swim	11 to 1:50 p.m. Lane & Leisure Swim	2 to 2:45 p.m. Lane & Leisure Swim	Noon to 12:50 p.m. Family Swim
2 to 3:50 p.m. Everyone Welcome Swim	4:30 to 5:20 p.m. Everyone Welcome Swim	2 to 3:20 p.m. Lane & Leisure Swim	4:30 to 5:20 p.m. Everyone Welcome Swim	2 to 3:20 p.m. Lane & Leisure Swim	4:30 to 5:20 p.m. Everyone Welcome Swim	1 to 2:50 p.m. Everyone Welcome Swim
4 to 4:50PM Family Swim	5:30 to 6:50 p.m. Everyone Welcome Swim	4:30 to 5:20 p.m. Everyone Welcome Swim	5:30 to 6:50 p.m. Everyone Welcome Swim	4:30 to 5:20 p.m. Everyone Welcome Swim	5:30 to 6:50 p.m. Everyone Welcome Swim	3 to 3:50 p.m. Family Swim
5 to 6:50 p.m. Everyone Welcome Swim	7 to 7:50 p.m. Lane & Leisure Swim	5:30 to 6:50 p.m. Everyone Welcome Swim	7 to 7:50 p.m. Lane & Leisure Swim	5:30 to 6:50 p.m. Everyone Welcome Swim	7 to 7:50 p.m. Family Swim	4 to 5:50 p.m. Everyone Welcome Swim
7 to 7:50 p.m. Shallow Water Fitness & Leisure Swim	8 to 8:50 p.m. Deep Water Fitness & Adult Swim	7 to 7:50 p.m. Everyone Welcome Swim	8 to 8:50 p.m. Deep Water Fitness & Adult Swim	7 to 7:50 p.m. Everyone Welcome Swim	8 to 8:50 p.m. Everyone Welcome swim	6 to 6:50 p.m. Family Swim
8 to 8:50 p.m. Adult Swim		8 to 8:50 p.m. Shallow Water Fitness & Adult Swim		8 to 8:50 p.m. Shallow Water Fitness & Adult Swim		7 to 7:50 p.m. Everyone Welcome Swim
						8 to 8:50 p.m. Adult Lane & Leisure

Rent a Facility

City facilities can be booked for a variety of functions including baby or bridal showers, family gatherings, community/corporate events or sports activities.

Paul Reynolds Community Centre
35 Carrick Drive, 576-8631

Gym, Kitchen
Multi-Purpose room

For details on programs and services at our Community Centres www.stjohns.ca

- > Living in St. John's
- > Recreation and Parks
- > Community Programs

Birthday Parties

We offer both gym and swimming parties at the H.G.R. Mews and Paul Reynolds Community Centres, and swimming parties at Bannerman Park in the summer.

**Paul Reynolds Community Centre at Wedgewood Park
Swimming Pool Schedule Sunday, July 2 to Saturday, August 26**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lane & Leisure 7 to 8:50 a.m.	Lane & Leisure 6:30 to 8:50 a.m.	Lane & Leisure 6:30 to 8:50 a.m.	Lane & Leisure 6:30 to 8:50 a.m.	Lane & Leisure 6:30 to 8:50 a.m.	Lane & Leisure 6:30 to 8:50 a.m.	Lane & Leisure 7 to 8:50 a.m.
Family Swim 9 to 10:50 a.m.	Leisure Swim 9 to 10 a.m.	Leisure Swim 9 to 10 a.m.	Leisure Swim 9 to 10 a.m.	Leisure Swim 9 to 10 a.m.	Leisure Swim 9 to 10 a.m.	
Everyone Welcome 11 a.m. to 12:50 p.m.	Lane Swim 10 to 11:50 a.m.	Lane Swim 10 to 11:50 a.m.	Lane Swim 10 to 11:50 a.m.	Lane Swim 10 to 11:50 a.m.	Lane Swim 10 to 11:50 a.m.	Family Swim noon to 12:50 p.m.
Family Swim 1 to 1:50 p.m.	Lane & Leisure Noon to 2 p.m.	Lane & Leisure Noon to 2 p.m.	Lane & Leisure Noon to 2 p.m.	Lane & Leisure Noon to 2 p.m.	Lane & Leisure Noon to 2 p.m.	Everyone Welcome 1 to 2:50 p.m.
Everyone Welcome 2 to 3:50 p.m.	Everyone Welcome 3 to 3:50 p.m.	Everyone Welcome 3 to 3:50 p.m.	Everyone Welcome 3 to 3:50 p.m.	Everyone Welcome 3 to 3:50 p.m.	Everyone Welcome 3 to 3:50 p.m.	Family Swim 3 to 3:50 p.m.
Family Swim 4 to 4:50 p.m.	Lane Swim 4 to 5:45 p.m.	Lane Swim 4 to 5:45 p.m.	Lane Swim 4 to 5:45 p.m.	Lane Swim 4 to 5:45 p.m.	Lane Swim 4 to 5:45 p.m.	Everyone Welcome 4 to 5:50 p.m.
Everyone Welcome 5 to 6:50 p.m.	Everyone Welcome 6 to 6:50 p.m.	Everyone Welcome 6 to 6:50 p.m.	Everyone Welcome 6 to 6:50 p.m.	Everyone Welcome 6 to 6:50 p.m.	Everyone Welcome 6 to 6:50 p.m.	Family Swim 6 to 6:50 p.m.
Leisure Swim 7 to 7:50 p.m.	Leisure Swim 7 to 7:50 p.m.	Leisure Swim 7 to 7:50 p.m.	Leisure Swim 7 to 7:50 p.m.	Leisure Swim 7 to 7:50 p.m.	Family Swim 7 to 7:50 p.m.	Everyone Welcome 7 to 7:50 p.m.
Lane & Leisure 8 to 8:50 p.m.	Lane & Leisure 8 to 8:50 p.m.	Lane & Leisure 8 to 8:50 p.m.	Lane & Leisure 8 to 8:50 p.m.	Lane & Leisure 8 to 8:50 p.m.	Lane & Leisure 8 to 8:50 p.m.	Lane & Leisure 8 to 8:50 p.m.

**Water Fitness Schedule
Paul Reynolds
Community Centre
Sunday, July 2 to
Friday, Sept. 1**

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
9 to 9:50 a.m.		Deep Water Fitness	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness	Deep Water Fitness
7 to 7:50 p.m.	Deep Water Fitness	Shallow Water Fitness	Deep Water Fitness	Shallow Water Fitness		
8 to 8:50 p.m.					Deep Water Fitness	

Descriptions	
Everyone Welcome Swim	Toys, diving board, spray features and water slides available. Children under 8 years old must be accompanied by a supervisor 16+ years old, who must remain at arms-length in the water at all times. Maximum 3 children to 1 supervisor.
Family Swim	All children must be accompanied by a supervisor 16+ years old, who must remain at arms-length in the water at all times. Maximum 3 children to one supervisor.
Waterslide access	Participants must be 3.5 feet in height or taller.
Adult Swim	Open to adults 19+ years old. Lane swim, leisure area.
Lane Swim	Swim in the appropriate lane based on swimming ability.
Leisure Swim	Children under 13 years old must be accompanied by a supervisor 16+ years old, who must remain at arms-length at all times. Maximum 3 children to 1 supervisor.
Deep Water Fitness	No impact fitness in the deep end of the pool. Suitable for all swim levels as flotation belts are used.
Shallow Water Fitness	Low impact fitness in the shallow end of the pool.

Age	Swim	Fitness			
2 & Under	Free	n/a			
Youth & Senior (Ages 3-18 and 65+)	\$3	Drop In	10 pass	20 pass	30 pass
		\$4	\$35	\$60	\$75
Adult 19+	\$4	\$5	\$45	\$80	\$105
Family Rate	\$3 adults, \$2 children	n/a			

ST. JOHN'S