



WINTER 2026

CITY GUIDE



Lace-up for the Loop!

Stay tuned for opening dates for the **2025-2026** season.

Visit StJohns.ca/TheLoop for more details.



ST. JOHN'S

StJohns.ca

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City Guide

Information about the programs and services at the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

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Special Events



HOLIDAY LIGHTS

@ Bowring Park

Bowring Park Duck Pond

Saturday, December 6, 2025
Starting at 5 p.m.

(inclement weather date is Saturday, December 13).

Ring in the holiday season with our annual celebration of bright lights, festive music and free hot chocolate!

Enjoy performances by musical entertainers as we officially switch on the beautiful light display. Bring along a non-perishable food item to donate to the food bank. This event is free.

The Holiday Light display at Bowring Park will continue until Wednesday, January 7, 2026.

New Year's Eve

Celebrate the New Year with a full day of free, family-friendly activities for all ages on **December 31**. Fireworks are weather dependent. Visit StJohns.ca for updates. Inclement weather date for fireworks is January 1.

Events include:

- 9-9:50 a.m. Gym & Swim at Paul Reynolds Community Centre and H.G.R. Mews Community Centre
- 10-10:50 a.m. Gym & Swim at Paul Reynolds Community Centre and H.G.R. Mews Community Centre
- 5-7 p.m. Grab your skates and helmet and enjoy a skating party at The Loop, Bannerman Park
- 7-8 p.m. Join the celebration and countdown to the fireworks at Quidi Vidi Lake, Carnell Drive
- 8 p.m. View the fireworks over Quidi Vidi Lake



Join us for free indoor and outdoor activities for residents of all ages and interests including musical entertainment, swimming, skating, ski & snowshoe rentals, trivia, a winter scavenger hunt, Fun Run, craft workshops, kids MegaPlay and much more!

Visit StJohns.ca for details.

A Area 1A to 5A, 2026

Curbside Collection

Visit CurbitStJohns.ca or call 311 or 709-754-CITY (2489) to find your area.

- Waste must be put at the curb between 6 and 8 a.m. on your collection day only, never the evening before collection day as it interferes with snow clearing, street cleaning and increases litter.
- Garbage carts and recycling bags must be properly placed, and never on the sidewalk or in a snowbank.
- Outside of automated garbage areas, garbage bags must be completely covered from April to November.
- Yard waste must be in paper yard waste bags and put at the curb on your recycling days from May to November.
- Cancelled collections take place the next day along with that days regularly scheduled collection.

Area	Regular Garbage Day	Garbage & Recycling	Garbage, Yard Waste & Recycling
1A	Monday		
2A	Tuesday		
3A	Wednesday		
4A	Thursday		
5A	Friday		
Holiday		H	H

January						
M	T	W	T	F	S	
			1 H	2	3	
5	6	7	8	9	10	
12	13	14	15	16	17	
19	20	21	22	23	24	
26	27	28	29	30	31	

February						
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March						
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23	24	25	26	27	28	
30	31					

April						
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May						
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June						
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29	30					

July						
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August						
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14	15	16	17	18	19	
21	22	23	24	25 H	26 H	
28	29	30	31			

B Area 1B to 5B, 2026

Curbside Collection

Visit CurbitStJohns.ca or call 311 or 709-754-CITY (2489) to find your area.

- Waste must be put at the curb between 6 and 8 a.m. on your collection day only, never the evening before collection day as it interferes with snow clearing, street cleaning and increases litter.
- Garbage carts and recycling bags must be properly placed, and never on the sidewalk or in a snowbank.
- Outside of automated garbage areas, garbage bags must be completely covered from April to November.
- Yard waste must be in paper yard waste bags and put at the curb on your recycling days from May to November.
- Cancelled collections take place the next day along with that days regularly scheduled collection.

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1B	Monday		
2B	Tuesday		
3B	Wednesday		
4B	Thursday		
5B	Friday		
Holiday		H	H

January						
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February						
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March						
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April						
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20	21	22	23	24	25	
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May						
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25	26	27	28	29	30	

June						
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15	16	17	18	19	20	
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29	30					

July						
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27	28	29	30	31		

August						
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17	18	19	20	21	22	
24	25	26	27	28	29	
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September						
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October						
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26	27	28	29	30	31	

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23	24	25	26	27	28	
30						

December						
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7	8	9	10	11	12	
14	15	16	17	18	19	
21	22	23	24	25 H	26 H	
28	29	30	31			

Reduce, Reuse and Recycle Holiday Waste



When preparing for the holidays by purchasing or bringing new items into your home, think of how you will dispose of it in the end. Oftentimes there are options that are better choices to reduce waste. Learn more tips at CurbitStJohns.ca.



Use Real Trees

Artificial trees are not recyclable and eventually end up in the landfill, while real trees are completely compostable. Real trees are usually grown closer to home and use less resources to produce than artificial ones.

Make Memories, Not Waste

Give the gift of an experience: buy your loved ones tickets to a show, the movies, a museum, an activity centre or game. You can also gift homemade items – knit a scarf or pair of mittens, make preserves, bake cookies or treats and package them in a reusable container.

Green Your Party

When hosting others use reusable plates, cups and cutlery and if purchasing food, snacks and drinks choose ones that are in recyclable packaging. If you're not sure if something is recyclable our Waste Wizard will know at CurbitStJohns.ca.

Christmas Tree Drop Off

Give your real tree new life. We mulch Christmas trees and use them for landscaping projects in City open spaces. Only natural, undecorated trees are acceptable – artificial trees, decorations, tinsel or other manufactured objects are not accepted and please do not bundle or tie the tree.

Quidi Vidi Lake Parking Lot

Large gravel lot off The Boulevard
Friday, December 26, 2025 to Sunday,
January 11, 2026 (excluding December 31
and January 1)

Residential Drop Off

340 East White Hills Road
Open Tuesdays to Saturdays, 8 a.m. to 4 p.m.
(excluding statutory holidays)



Snow Clearing Service Priority



Many factors impact snow clearing operations. Drifting snow, rain, or a sudden temperature drop could delay our snow clearing timelines. While the City uses its best efforts to clear snow on time, our harsh climate can impact snow clearing.

Street Ice Control

One application of ice control will be completed on streets within three hours of ice conditions.

Street Plowing

- For snowfalls of up to 25 centimeters, streets will be cleared within 24 hours following the storm.
- For snowfalls exceeding 25 centimeters, blizzard conditions, or rapidly changing weather, additional time may be required for clearing.
- Timelines may be extended if there is additional snowfall or icing during this period. Crews will work until all streets and designated sidewalks are cleared.

Street Snow Clearing Priority

Streets are salted and plowed on a priority basis.

Priority 1 = major and minor arterials

Priority 2 = collector streets

Priority 3 = minor streets and cul-de-sacs

Priority 4 = private lanes maintained by the City

Visit StJohns.ca/ServicePriority to look up the priority of your street.



Visit our Weather Hub at StJohns.ca/WeatherHub which is updated regularly before, during, and after adverse weather.

Sidewalk Snow Clearing

Depending on the amount of snow on the ground, most sidewalks in the sidewalk program will be plowed within five days after a storm ends. This may take longer if another storm happens during that time.

View the sidewalk map at:
Map.StJohns.ca/Sidewalk.

Sidewalk Priority

The City clears and salts sidewalks on at least one side of many arterial and collector streets. School zones are the top priority and are cleared first.

Priority 1A = school zones

Priority 1 = first side of arterial roads and downtown business district (main pedestrian corridors)

Priority 2 = second side of multi-lane arterial roads and downtown business district, and first side of collectors

Priority 3 = second side of remaining arterial roads (with both sides serviced)

Priority 4 = second side of collector streets (with both sides serviced) and any remaining sections of the sidewalk program



Winter Parking

To safely and effectively clear snow from streets, the City of St. John's prohibits parking on streets by area, time of day, and/or dependent on operational requirements through the following bans.



Any vehicle that violates the winter bans regardless of the conditions, or impedes snow clearing/removal operations, may be ticketed and/or towed.

Overnight Parking Bans

Overnight parking bans for 2026 are in place from **January 3 to April 11, 2026**.

The Deputy City Manager of Public Works has the authority to modify the parking ban dates if deemed necessary. All bans will remain in place regardless of street or snow conditions. A vehicle may be ticketed and/or towed if they are parked in violation of the parking ban.

Overnight parking bans are in the following areas:

Downtown Business District

A parking ban is in place between 4 and 6 a.m. on the following streets:

- Water Street, from Waldegrave Street to Prescott Street
- Duckworth Street, from New Gower Street to Cochrane Street

Outside the Downtown

A parking ban is in place between 12:30 and 7:30 a.m. on streets outside the designated downtown area.

Weather-Related Parking Ban

A parking ban may be implemented on streets outside the downtown area during or following adverse weather events. The purpose of the ban is to keep streets free of parked vehicles so that crews can quickly and safely clear snow or debris.

Once declared, the ban will be in place 24 hours a day until it is lifted.

Details of the ban will be shared through the news section of the website and on the City's social media accounts. Residents can also subscribe to receive emails stating when the parking ban will come into effect, and when it will be lifted, at [StJohns.ca/Subscribe](https://stjohns.ca/Subscribe).



No Parking Routes

From **December 1 to March 31**, parking is prohibited 24 hours a day, regardless of snow/street conditions, on several streets throughout the city so that ice control and snow clearing equipment can safely provide service and navigate narrow city streets. All impacted streets have signage in place. Enforcement is continuous for 24 hours a day regardless of snow or street conditions.

For more detailed information, visit [StJohns.ca/WinterParking](https://stjohns.ca/WinterParking) or scan the QR code.



Downtown Snow Removal



Throughout the winter, parking will be banned from **11 p.m. to 6 a.m.** on the streets that are scheduled for snow removal. Violating winter parking bans may result in a ticket being issued, and/or the vehicle being towed.

We announce streets that are scheduled for overnight snow removal by 3 p.m. on the day the removal will take place.

Stay Informed

- Visit [Map.StJohns.ca/Snow](https://map.stjohns.ca/Snow) to learn about schedules.
- Subscribe to receive downtown snow removal advisories by email at [StJohns.ca/Subscribe](https://stjohns.ca/Subscribe).
- Call Access St. Johns at 311 or 709-754-CITY (2489).
- Check for signs placed in snowbanks at the ends of streets.

Where to Park

When your street is scheduled for a snow removal, you need to move your vehicle(s) off the street for the night. If you do not have a private driveway, we suggest you use a public parking lot. Alternate parking options include:

- City Hall parking garage, 8 New Gower Street, free to the public on weekends and 5 p.m. to 8 a.m. on weekdays when there is no event at the Mary Brown's Centre.
- Privately owned parking garages at 351 Water Street and 330 Duckworth Street (parking by fee).



If Your Vehicle is Towed

Impound Fees and Payments

Towing charge:	\$200
Administration charge:	\$50
Impounding fee:	\$25 per day

Vehicles are released to the registered owner/renter when all charges are paid. If proof of registration and insurance is not provided, the vehicle can only be towed, not driven, from the impound lot.

Payment Options:

- In person at City Hall 8 a.m. to 4 p.m., Monday to Friday by cash, credit or debit card
- By calling 311 or 709-754-CITY (2489) 7 a.m. to 11 p.m. (credit card only)

Impounded vehicles can be picked up, after payment is made, by the registered owner/renter from 8 a.m. to midnight, seven days a week at 25 Blackler Avenue. Proof of ownership required, such as:

- Driver's license or other government identification with the same name and civic address as the vehicle registration.
- For rental vehicles, the name and address on government identification must match the name and address of the rental agreement.

For more details, visit [StJohns.ca/DTSnowRemoval](https://stjohns.ca/DTSnowRemoval) or scan the QR code.



Inclusive Services

For participation support or more information:

Contact us by phone 709-576-6972
or email Inclusion@StJohns.ca

Therapeutic Recreation Referrals

Therapeutic Recreation promotes safe and supportive recreation and leisure opportunities for participants with physical, mental, social or emotional barriers. Participants may be referred by a professional or self-referral.

Attendant Pass

An Attendant Pass enables a support person to accompany an individual requiring support to activities and/or events for free or at a discounted rate determined by the participating venues.

Adaptive Equipment Lending Program

We have equipment that can assist people with disabilities to participate in recreation and leisure activities. Contact us to borrow adaptive equipment free of charge. A minimum of one week's notice is required for requests.

Financial Support

Financial support may be available for individuals and families facing financial barriers to participate in City of St. John's recreation and leisure programs. The type of financial support is based on age, program type, family income and family size. Requests for children and youth are referred to the REAL Program.

Donate to the REAL Program

Your support gives every child a chance

Visit StJohns.ca/REAL



Pursuing Active Lifestyles

January 20 - April 21 | \$84

This program aims to teach individuals with mild to moderate developmental disabilities the basic skills needed for active living. A Recreation Support Services Application is required.

Paul Reynolds Community Centre
Tuesdays, 6:30 to 8 p.m.
Ages 18+
Event code: 38211

TIME™ Together in Movement and Exercise

January 20 - March 26 | \$200

A community-based exercise program for people with balance and mobility limitations who can walk 10 metres with or without an aide. A referral is required from one of the following: certified therapeutic recreation specialist, physician, physiotherapist, registered nurse, or nurse practitioner.

Paul Reynolds Community Centre
Tuesdays and Thursdays, 11:15 a.m. to 12:15 p.m.
Ages 18+
Event code: 38212

Fit Finders

Offered winter and fall to groups facing barriers to participate in recreation programs. Groups can experience activities in a safe, supportive environment with experienced recreation staff.

REAL
PROGRAM



Winter Activity Centre



The Winter Activity Centre at North Bank Lodge in Pippy Park is scheduled to open on January 8, 2026. Days of operation are weather dependent and based on snow cover.

For updates and information about the Winter Activity Centre, please call the snowline at 709-737-3651.

Ski Trails

Trails are open seven days a week and lit for evening use. If you have your own equipment, the ski trails are groomed twice daily for skate skiing, classic cross-country skiing and snowshoeing. There is also a dedicated snowshoe trail. Maps and trail info are available at the Winter Activity Centre.

Cross Country Ski and Snowshoe Rentals

There is equipment available to rent for all ages including classic cross-country skis, boots, snowshoes and poles. Payment is accepted by debit or credit only.

Equipment rental per hour:

Individual	\$5
Family of three	\$10
Family of four or more	\$15

A cross country sit ski is available. Other adaptive equipment can be arranged by contacting Inclusion@StJohns.ca.

Rental hours:

Tuesday to Friday:	noon to 9 p.m.
Saturday:	9 a.m. to 9 p.m.
Sunday:	9 a.m. to 5 p.m.

Ski Lessons

Group lessons for classic cross-country skiing are available at the Winter Activity Centre. Lessons are weather dependent and first come first served. Equipment is included. Call the snow line for the status of a lesson.

Adult Lessons | \$20 per person, per session.
January 15 - February 5

Thursdays, 7:30 to 9 p.m.
Ages 18+

Family Lessons | \$50 per family, per session.
January 18 - February 15

Sundays, 9:30 to 11 a.m.
Ages 5+

Group and Corporate Outdoor Programs

Programs occur at Rotary 'Sunshine' Park or Pippy Park and are available to corporations, organizations, school groups and community groups. Programs are customized for the age and ability of the participants.

Programs offered in winter:

- cross country skiing
- snowshoeing
- outdoor cooking
- orienteering
- fire building
- map & compass

Contact Outdoor Programs:

Email Outdoor@StJohns.ca

Visit StJohns.ca/OutdoorPrograms for more info.

Recreation Registration



For the most current programs and services visit StJohns.ca/REConnect

Program Registration	St. John's Residents	Residents of Other Municipalities
Children, Youth, Adult, Fitness, Senior & Outdoor Programs	7 a.m., Thursday, November 27	7 a.m., Tuesday, December 2
Swimming Lessons & Aquatic Leadership	7 a.m., Tuesday, December 9	7 a.m., Thursday, December 11

Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Registration Options

Online: StJohns.ca/REConnect

In-person: H.G.R. Mews Community Centre, 60 Blackler Avenue or Paul Reynolds Community Centre, 35 Carrick Drive.

By phone: 709-576-8499 or 709-576-8631

Telephone registration is available after 10 a.m. on registration day.

You must ensure your account is activated and up-to-date at least 72 hours before the registration time. Please ensure children/family members are added to your account.



Parties and Rentals

Most City recreation facilities are available for rent for birthday parties, baby or bridal showers, family gatherings, community and corporate events or sports activities.

Swimming Parties
Cost \$200

To book a swimming party call 709-576-8499 or 709-576-8631.
Please review pool rules at StJohns.ca/PoolRules



TRAIL EXPLORERS

Join us in exploring the beautiful trails of St. John's through this inclusive program that promotes health, wellness, and community connection. Scan the QR for more information and to see the full schedule or visit

StJohns.ca/TrailExplorers

For questions about Trail Explorers email healthyprograms@stjohns.ca

If you require adaptive equipment to participate, learn more about the Adaptive Equipment Lending Program by emailing inclusion@stjohns.ca or calling 709-576-6972.

Swimming



Swimming Lessons

For more details visit: StJohns.ca/Swimming
Swimming lessons are offered year-round and follow the Lifesaving Society Swim for Life Program and are available to swimmers of all abilities from the ages of four months to adult. Lessons are offered once per week and include the following programs:

- Parent and Tot 1, 2 and 3
- Preschool, Swimmer and Teen Lessons
- Adult Lessons
- Private Swimming Lessons
- Adapted Swimming Lessons*

*A parent or aide may be required to support the swimmer in the water; a swimmer intake form is required two weeks prior. Contact Inclusion@StJohns.ca for more details.

To register or view current offerings visit StJohns.ca/RECconnect.

Aquatic Leadership



Climb The Ladder To Become A Lifeguard!

Start your lifeguard training now with the following Lifesaving Society training programs. All prerequisite certifications must be submitted on the first day of the course.

Visit StJohns.ca/LifeguardTraining



Indoor Pools

H.G.R. Mews Community Centre,
60 Blackler Avenue

Paul Reynolds Community Centre,
35 Carrick Drive

Visit StJohns.ca/Swimming for swim descriptions, accessibility features and pool schedules.

Schedules are also available by phone at: 709-576-8155 (PRCC) and 709-576-8408 (Mews) or by email at Recreation@StJohns.ca.

For more details visit: StJohns.ca/Swimming



Fitness

We have a variety of fitness classes available for all ages and abilities.

Drop-in programs: Aquatic Fitness, Adults in Motion, Core Balance and Body Conditioning.

Programs that require registration: Yoga (beginner, intermediate, mixed, relaxation) Body Conditioning (Southlands only), and Ever Active.

Children and Youth



Save the Date: Spring Camp

Spring Camps take place April 6-10 at several of our community centres.

Resident Registration: Thursday, March 5 | **Non-resident Registration:** Tuesday, March 10

Preschool - For children beginning Kindergarten in September 2026. Requires registration.

	Code	Age	Day	Date	Time	Location	Cost
Preschool	38216	4-5	M W F	Feb 2-May 1	9am-noon	PRCC	\$510
Preschool	38217	4-5	M W	Feb 2-Apr 29	9am-noon	PRCC	\$345
Preschool	38218	4-5	M W F	Feb 2-May 1	9am-noon	Southlands	\$510
Preschool	38221	4-5	M W	Feb 2-Apr 29	9am-noon	Southlands	\$345

*No program March 16, April 3, 6, 8, and 10

After School - for children in grades Kindergarten to Grade 6. Requires registration.

	Day	Date	Time	Location	Cost
Gaga Go	Th	Jan 15-Mar 26	3:30-5pm	Shea Heights	\$22
Art from the Heart	M	Jan 12-Feb 16	3:30-5pm	Shea Heights	\$12

Playgroups - The following programs are for children up to age 5

	Day	Date	Time	Location	Cost
Playgroup	Tu	Jan 6-Mar 31	10am-noon	Southlands	\$2, under 6 months free
Playgroup	Sa	Jan 10-Apr 4	12:30-2:30pm	Southlands	\$2, under 6 months free
Playgroup	Tu	Jan 6-Mar 31	9-10:30am	PRCC	\$2, under 6 months free
Active Playgroup	M	Jan 5-Mar 30	9:30-11:30am	Kilbride	Free - For more information visit www.kffrc.com
Playgroup	Tu Th	Jan 6-Mar 31	9:30-11:30am	Kilbride	Free - For more information visit www.kffrc.com
Playgroup	Tu	Jan 13-Mar 31	6-7pm	Kilbride	Free - For more information visit www.kffrc.com
Playgroup	Tu Th Sa	Jan 6-Apr 4	10am-noon	Kenmount	\$2, under 6 months free

Family and Friends - The following programs are for all ages

	Day	Date	Time	Location	Cost
Family Open Gym Drop-in	Sa	Jan 10-Mar 28	6:30-8:30pm	Kenmount	\$2, under 6 months free
	Su	Jan 11-Mar 29	2-4pm	St. John Bosco	Free
Winter Family Fun Drop-in	Sa	Feb 28	2-3:30pm	Kilbride	Free

Leadership - Requires registration.

	Code	Age	Day	Date	Time	Location	Cost
Babysitting	38202	11-15	Sa	Jan 31	9am-4:30pm	Kenmount	\$55
Home Alone Safety Course	38222	10-12	M	Feb 23	9am-4pm	Southlands	\$55
	38201		Sa	Mar 21		Kilbride	

FREE Pre-teen and Youth Drop-ins

	Grades	Day	Date	Time	Location
Lunch-in	Grades 7-9	M - F	Jan 5-Apr 2	noon-1pm	PRCC
Drop-in Sports	Grades 5-6	Tu	Jan 6-Mar 31	6-7:30pm	St. John Bosco
	Grades 7-12			7:30-9pm	
Youth Drop-in	Grades 7-12	M	Jan 5-Mar 30	6-7:30pm	Kenmount
		M	Jan 5-Mar 30	7:30-9pm	Southlands
		W	Jan 7-Apr 1	7:30-9pm	Shea Heights
		Th	Jan 8-Mar 26	6:30-8:30pm	PRCC
Pre-teen Drop-in	Grades 5-6	M	Jan 5-Mar 30	6-7:30pm	Southlands
	Grades 5-6	W	Jan 7-Apr 1	6-7:30pm	Shea Heights
	Grades 5-6	M	Jan 26, Feb 16 and Mar 23	6-7:30pm	Kilbride

Volunteer Opportunities

The City of St. John's welcomes residents to volunteer with us. We value all volunteers and realize they are an integral part of our programs and services. Our goal is to provide a positive experience to encourage lifetime volunteers.

For more information or to apply:

Visit StJohns.ca/Volunteer

Call **709-576-8061**

Email Volunteer@StJohns.ca

Youth Talent Show

February 2 | Free

Do you dance, sing, act, or do magic tricks? Whatever your talent, here's your chance to show it off in a supportive and non-judgmental environment! For performers in grades 7 to 12.

D.F. Cook Recital Hall, School of Music, Memorial University. Anyone can attend for free – support these stars of tomorrow!

Application deadline is February 4.

For application forms visit StJohns.ca/YouthTalentShow.

Adult Programs

Registration is required unless otherwise noted. Programs can be cancelled one week prior to start of program at the discretion of the City.



Walk & Wheel

Finding it difficult to walk outside? Join us indoors. Bring indoor footwear and a filled water bottle.

	Code	Day	Date	Time	Location	Cost
Walk & Wheel	38182	M W F	Jan 5-Apr 1	noon-1pm	Southlands	Free

Art

	Code	Day	Date	Time	Location	Cost
Drawing - Falcon	38172	F	Jan 23	6-8pm	Mews	\$18
Drawing - Oil Barn	38171	F	Mar 20	6-8pm	PRCC	\$18
Acrylic Painting - Cow	38164	F	Jan 30	6-8pm	Mews	\$19.50
Acrylic Painting - Owl	38165	F	Mar 6	6-8pm	PRCC	\$19.50
Acrylic Painting - Evening Sky	38163	Su	Jan 18	6-8pm	Shea Heights	\$19.50
Acrylic Painting - Bee on a Flower	38166	Su	Mar 22	6-8pm	Southlands	\$19.50
Acrylic Painting - Humpback Whale Jumping	38167	Su	Feb 22	6-8pm	Kilbride	\$19.50
Acrylic Painting - Root Cellar	38168	Su	Mar 29	6-8pm	Kilbride	\$19.50
Oil Painting - Squirrel	38170	Th	Jan 15-29	6-8pm	Mews	\$60
Oil Painting - Orchids	38169	Th	Mar 12-26	6-8pm	PRCC	\$60

Handicraft

	Code	Day	Date	Time	Location	Cost
Learn to Knit	38162	M	Jan 5-Feb 23	6-8pm	Southlands	\$60
Knitting Circle	38161	M	Jan 12-Mar 30	10:30am-noon	Mews	\$22
	38160	Th	Jan 15-Mar26		Southlands	

Open Gym Drop-in

Children under 12 years of age must be accompanied by a guardian 16+. No registration required.

	Day	Date	Time	Location	Cost
Open Gym Drop-in	M	Jan 5-Mar 30	7:30-9:30pm	Kenmount	\$2 drop-in fee
Open Gym Drop-in	Sa	Jan 10-Mar 28	6:30-8:30pm	Mews	
Open Gym Drop-in	Su	Jan 11-Mar 29	7:30-9:30pm	Mews	
Open Gym Drop-in	Su	Jan 11-Mar 29	4:30-6:30pm	PRCC	

Music

	Code	Day	Date	Time	Location	Cost
Guitar Intermediate	38175	M	Jan 12-Mar 23	7:30-9pm	Mews	\$82.50
Guitar Beginner	38174	Th	Jan 15-Mar 26	5:30-7pm	Mews	\$90.75
Guitar Advanced	38173	Th	Jan 15-Mar 26	7:30-9pm	Mews	\$90.75
Keyboarding Beginner	38176	Tu	Jan 13-Mar 24	9:30-10:45am	Mews	\$75.50
	38177	Th	Jan 15-Mar 26	9:45-11am	PRCC	\$75.50
Keyboarding Intermediate	38178	Tu	Jan 13-Mar 24	11am-12:15pm	Mews	\$75.50
	38180			12:30-1:45pm		
	38179	Th	Jan 15-Mar 26	11:30am-12:45pm	PRCC	
Ukulele Beginner	38181	M	Jan 12-Mar 23	6-7pm	Mews	\$60.50

Dance

No classes for Line Dance at Paul Reynolds March 11 & 18

	Code	Day	Date	Time	Location	Cost
A Time to Dance	38154	M	Jan 12-Mar 30	1-2pm	PRCC	\$60.50
	38155	Tu	Jan 13-Mar 24	6:30-7:30pm		
Beginner Line Dance	38143	Tu	Jan 13-Mar 24	11am-noon	Mews	\$60.50
	38142			12:30-1:30pm		
Intermediate/ Advanced Line Dance	38148	W	Jan 14-Mar 25	2-3pm	Mews	\$66
	38149	Th	Jan 15-Mar 26	11am-noon		
Intermediate Line Dance	38146	W	Jan 15-Mar 26	12:30-1:30pm	Mews	\$66
	38147	Th	Jan 15-Mar 26			
Beginner Ballroom Dance	38150	Su	Jan 11-Mar 22	6:30-7:30pm	Mews	\$60.50 per person, partner required, each person must register separately.
	38151	W	Jan 14-Mar 25		PRCC	
Intermediate Ballroom Dance	38152	Su	Jan 11-Mar 22	8-9pm	Mews	
	38153	W	Jan 14-Mar 25		PRCC	
Line Dance - Texas Two Step	38144	W	Jan 14-Mar 25	6-7pm	PRCC	\$49.50 per person, partner required, each person must register separately.
Line Dance - Natural Progression	38145	W	Jan 14-Mar 25	7:30-8:30pm	PRCC	\$49.50
Newfoundland Traditional Dance	38156	W	Jan 14-Mar 25	7:30-9pm	Mews	\$8.25 drop-in fee

Older Adults (50+)



These programs are for ages 50+ and require registration.

Registration details are on [page 12](#). There are also many other adult programs that may interest you on [page 16-17](#).

Contact Us

Call 709-576-8490, 709-576-5701
or 709-576-8411

Email Recreation@StJohns.ca or
AdultAndSeniors@StJohns.ca

Active for Life

January 12 - March 30 | \$121

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

Kenmount Terrace
Community Centre
Mondays and Wednesdays
1 to 2 p.m.
Event code: 38183



Please note that all programs and events are **strictly scent-free** to ensure a comfortable experience for everyone.

Social Time

Socialize with friends while enjoying leisure activities, music, games and light refreshments.

January 12 - March 30 | \$22

H.G.R. Mews Community Centre
Mondays
10:30 a.m. to 12:30 p.m.
Event Code: 38157

January 13 - March 24 | \$22

Paul Reynolds Community Centre
Tuesdays
10:30 a.m. to 12:30 p.m.
Event Code: 38159

January 16 - March 27 | \$22

H.G.R. Mews Community Centre
Fridays
10:30 a.m. to 12:30 p.m.
Event Code: 38158

Nominations for the
2026 Applause Awards
are opening soon.

Awards include:

Arts and Culture Awards

Athletes of the Year

Climate Change
Leadership Awards

Heritage Awards

Senior of the Year

Tourism Awards

Youth of the Year
(Junior and Senior)

Volunteer of
the Year

Innovative
Housing Design

Visit StJohns.ca/Applause
for updates and learn
how to nominate someone
deserving today.



Applause
ST. JOHN'S

Events and Outings

Registration is required for all events and outings.
A meal, refreshments and transportation are included.



Social and Bingo

January 15 | \$19

Enjoy time with friends with lunch and a game of Bingo! Prizes included.

Kenmount Terrace
Community Centre
10 a.m. to 1 p.m.
Event code: 38132

Shop and Bowl

January 27 | \$19

Shop & bowl with friends. Light food and refreshments are included. We'll make a stop to a local shop to end the day.

Various Locations
1 to 4 p.m.
Event Code: 38133

Valentine's Party

February 12 | \$23

Enjoy a valentines celebration with a meal, great company and entertainment.

City Hall
6:30 to 10:30 p.m.
Event code: 38136

Pancake Brunch and Bingo

February 17 | \$19

It's Pancake Day! Enjoy time with friends with a pancake brunch and a game of Bingo! Prizes included.

Kenmount Terrace
Community Centre
10 a.m. to 1 p.m.
Event code: 38134

St. Patrick's Day Party

March 12 | \$23

Whether you're Irish by blood or just for the day, come enjoy a meal, dancing, entertainment and great company!

City Hall
6:30 to 10:30 p.m.
Event code: 38135

Winter Outdoor Adventure

March 26 | \$19

Spend the morning outdoors taking part in winter activities. In the event of inclement weather alternate activities will take place indoors. Lunch provided.

Pippy Park
10 a.m. to 1 p.m.
Event Code: 38137

*Social and Bingo

March 3 | \$19

Enjoy time with friends with lunch and a game of Bingo! Prizes included.

H.G.R Mews Community Centre
10 a.m. to 1 p.m.
Event code: 38139

*Social and Bingo

April 1 | \$19

Enjoy time with friends with lunch and a game of Bingo! Prizes included.

H.G.R Mews Community Centre
10 a.m. to 1 p.m.
Event code: 38140

***Registration permitted for only one of these two Bingo events.**

Transportation

Transportation for special events is included in the event price. Please call 709-576-8594 the evening before the event to determine the bus schedule. Pick-ups occur at the following City facilities and apartment complexes:

- Bishop Meaden Manor
- Building #10 Pasadena Cres
- Building #35 Tiffany Lane
- Churchill Square
- H.G.R. Mews Community Centre
- Kelly's Brook Apartments (Main entrance)
- Maplewood Apartments
- Morgan Hollow
- Paul Reynolds Community Centre
- Shea Heights Community Centre
- St. George's Court Apartments
- St. Luke's Cottages/ Babb Manor
- Thomas Estates
- Victoria Manor
- Wigmore Manor

NOTE: If the bus cannot fit into the parking lot it will park at the entrance of the lot.



Give the Gift of Play

5 Cards
for \$20

**Buy REAL Program Holiday
Cards to Support Local Kids**

Available at the H.G.R. Mews Community Centre, Paul Reynolds
Community Centre, and Access St. John's at City Hall

For more information call **709-576-8684**
or Email Real@StJohns.ca

REAL
PROGRAM



Make the Shift to a More Energy Efficient Home

Make the Shift is a free program offering guidance to St. John's homeowners looking to lower energy costs and make their homes more energy efficient.

Learn more at MakeTheShiftNL.ca
or scan the QR code!



ST. JOHN'S