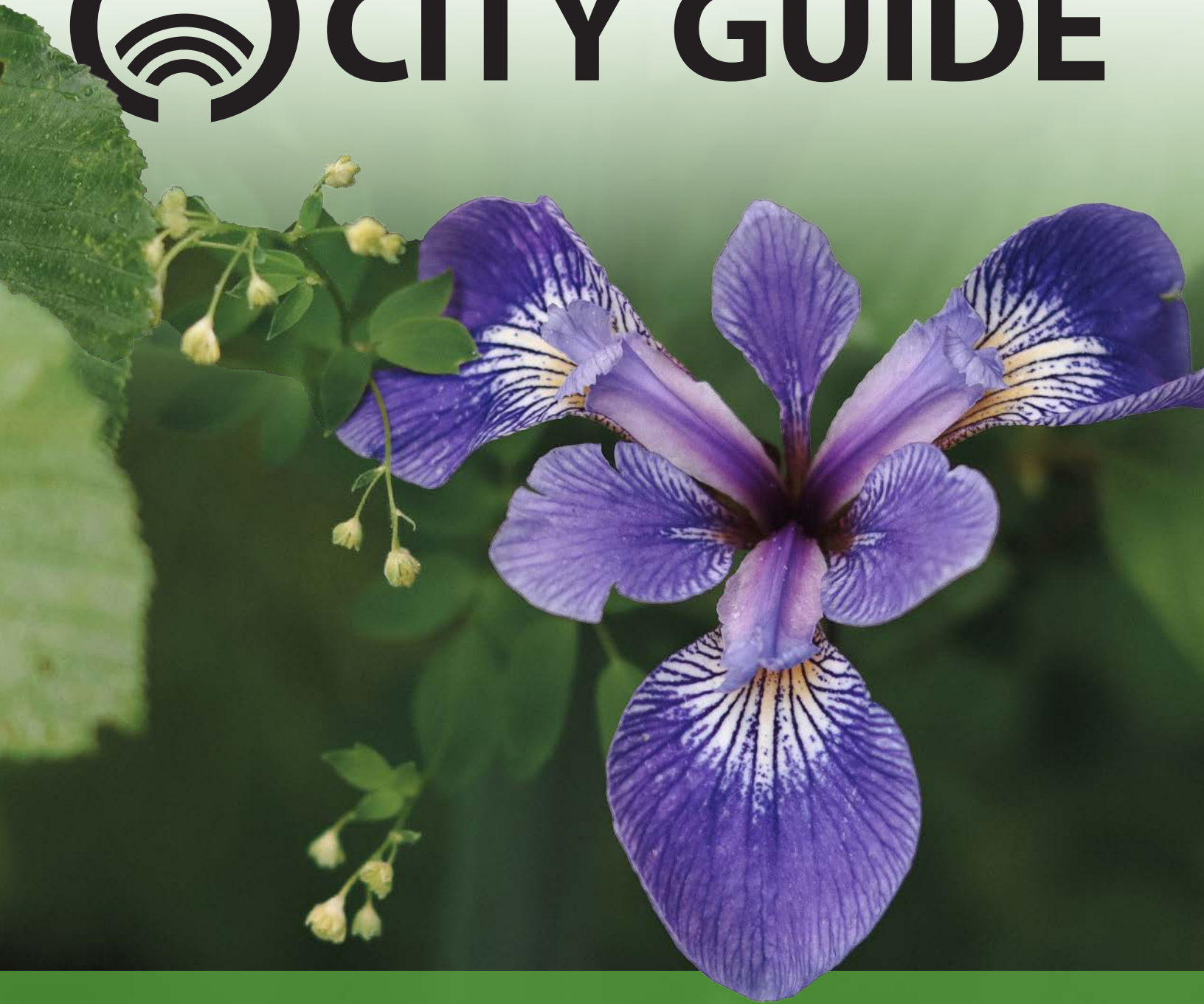




SPRING 2026

# CITY GUIDE



ST. JOHN'S

---

[StJohns.ca](http://StJohns.ca)

# City Council



**Mayor**  
Danny Breen (he/him)  
709-576-8477  
[Mayor@StJohns.ca](mailto:Mayor@StJohns.ca)



**Ward 4 Councillor**  
Tom Davis (he/him)  
709-576-8217  
[TDavis@StJohns.ca](mailto:TDavis@StJohns.ca)



**Deputy Mayor**  
Ron Ellsworth (he/him)  
709-576-8584  
[REllsworth@StJohns.ca](mailto:REllsworth@StJohns.ca)



**Ward 5 Councillor**  
Donnie Earle (he/him)  
709-576-2332  
[DfEarle@StJohns.ca](mailto:DfEarle@StJohns.ca)



**Ward 1 Councillor**  
Jill Bruce (she/her)  
709-576-7144  
[JBruce@StJohns.ca](mailto:JBruce@StJohns.ca)



**Councillor at Large**  
Kate Cadigan (she/her)  
709-576-8286  
[KCadigan@StJohns.ca](mailto:KCadigan@StJohns.ca)



**Ward 2 Councillor**  
Brenda Halley (she/her)  
709-576-8363  
[BHalley@StJohns.ca](mailto:BHalley@StJohns.ca)



**Councillor at Large**  
Lynn Hammond (she/her)  
709-576-8219  
[LHammond@StJohns.ca](mailto:LHammond@StJohns.ca)



**Ward 3 Councillor**  
Greg Noseworthy (he/him)  
709-576-8643  
[GNoseworthy@StJohns.ca](mailto:GNoseworthy@StJohns.ca)



**Councillor at Large**  
Sandy Hickman (he/him)  
709-576-8045  
[SHickman@StJohns.ca](mailto:SHickman@StJohns.ca)



**Councillor at Large**  
Nikita Ryall (she/her)  
709-576-8243  
[NRyall@StJohns.ca](mailto:NRyall@StJohns.ca)

## City Guide

Information about the programs and services at the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

If you do not wish to receive unaddressed mail including the City Guide, put a note on or in your mailbox stating you do not wish to receive Canada Post Neighbourhood Mail™.

If you continue to receive unaddressed advertising after you have placed the note on your mailbox, submit a service ticket at [CanadaPost.ca](https://CanadaPost.ca) or call Canada Post Customer Service at 1-866-607-6301.

**Editor-in-Chief:** Jackie O'Brien  
**Editor:** Jill Sheppard  
**Design & Cover Photo:** Charlie Maunder-Collier

City Guide c/o  
Marketing and Communications  
P.O. Box 908  
St. John's, NL A1C 5M2  
[Communications@StJohns.ca](mailto:Communications@StJohns.ca)

## Contents

Waste & Recycling	3
Paid Parking	4
Come Perform With Us	5
Inclusive Services	6
Recreation Registration	7
Outdoor Programs	7
Swimming	8
Children & Youth Programs	9-10
Adult Programs	11-13
Municipal Open House	13
Older Adults (50+)	14-15
National Youth Week	16
Trail Explorers	16



**For 2026 Waste Collection Schedules  
visit: [CurbitStJohns.ca/Schedules](https://CurbitStJohns.ca/Schedules)**

**Sign Up for Waste Reminders**

Available in English, French, Punjabi, Simplified Chinese, Russian and Spanish.



**ROBIN HOOD BAY**  
WASTE MANAGEMENT FACILITY

**Residential Drop-off (RDO)**

340 East White Hills Road  
8 a.m. to 4 p.m., Tuesday to Saturday

Separate bins are available for different types of waste at the Residential Drop-off. Please pre-sort your items by waste type before arriving.

**Save the Date!** The free compost giveaway returns in 2026 from May to November.

**Compostable Yard Waste:** Place leaves, grass clippings, garden trimmings and small twigs in paper yard waste bags. Larger branches may be loose or bundled.

**Recyclable Containers:** Must be in see-through blue bags. No glass.

**Recyclable Papers and Cardboard:** Must be in see through blue bags. Corrugated cardboard may also be placed in blue bags, or bundled or placed loose in the cardboard bin.

**Recyclable Electronics:** Drop off old electronics for recycling.

**Recyclable Metal:** Accepted at the RDO. Metal only loads (including appliances) can go to AIM Recycling (Mon-Sat, 8 a.m. to 4:30 p.m.)

**Reusable Furniture:** Donate gently used furniture for reuse.

**Garbage:** Bag light items (including Styrofoam). No liquids or metal.

**Hazardous Waste:** Open Wed and Sat, 8 a.m. to 4 p.m. Accepts batteries, paint, chemicals, empty propane cannisters and more.



**Never Miss a Pickup  
Get the Latest Collection Schedule —  
Rain or Shine**

Download the free Curbit St. John's App  
Available for iPhone & Android

**Oversized Waste  
Collection by  
Appointment**

The 2026 oversized waste collection is scheduled to take place from May 5 to June 12.



**Book an Appointment**

- Go to **[CurbitStJohns.ca/Schedules](https://CurbitStJohns.ca/Schedules)**
- Via the app **Curbit St. John's**

Appointment bookings open 10 a.m.  
Tuesday, April 21, 2026.

A maximum of one appointment per civic address is permitted annually. Residents are encouraged to coordinate with all who live at the property prior to booking.

**Size Restrictions**

- Maximum size is 1.5m x 1.5m x 2.15m (5ft x 5ft x 7ft)
- Must weigh less than 68 kgs (150 lbs)
- Must be oversized, cannot fit in a garbage bag or cardboard box





# Paid Parking

In all areas where public parking is available, look for signs that indicate the parking restrictions in the area. Note that payment is not required for parking after 6 p.m. on weekdays or on weekends. You do not need a cell phone for parking, you can use a pay station.

For more information visit [StJohns.ca/PaidParking](https://StJohns.ca/PaidParking)

## Steps for using PayByPhone

### 1. Download the PayByPhone app

Find the app on the Google Play or Apple App Store on your smart phone. Search "PayByPhone" and look for the app that uses the above icon. Once downloaded, open the app to start the registration process.

### 2. Create an account

Find the person/gear icon. Click to begin to set up your account. You can enter multiple vehicles, payment info and more.

### 3. Enter the parking zone/location number

The app will ask the zone number of where you are parked. Look for on-street signage that indicates zone number.

### 4. Enter your vehicle information

You will add the license plate number and province as well as vehicle type and description.

### 5. Enter your parking duration

Add the amount of time you wish to park.

### 6. Extend your parking anytime

Add more time from wherever you are.

If you do not have a smartphone, you can call **1-866-234-7275** to make a payment.

There are also various private parking lots in the downtown, please look for signage in these areas as the restrictions differ from the City's.

## Steps for using a Pay Station

You can visit a pay station to make your payment using a credit card, debit card (tap only), or mobile pay.

1. After you park, identify the zone you are in (on the nearby signage), go to the nearest pay station and press any button on the station to begin.
2. Select a payment method using the yellow buttons on the machine. Either tap (debit, credit or mobile pay) or insert your credit card.
3. Confirm your parking zone number. Stations will display the zone you are currently in.
4. Enter your license plate number. This is on the same screen as the zone confirmation.
5. Choose the amount of time you wish to pay for parking and confirm using the green button.
6. Make the payment either by tapping or inserting and removing your credit card.
7. The station will ask you if you would like a receipt when the transaction is processed to keep for your own records; you do not need to return to your vehicle with the receipt.



# Come Perform With Us



Applications are now being accepted for the **2026 Call for Performers**. The Call for Performers allows the City to showcase arts and cultural performances for special events like the Music @ Concert Series, the Downtown Pedestrian Mall, dockside welcomes and other City of St. John's hosted events and festivals.

## Music @ Concert Series

Performances showcase the diverse musical talent the city has to offer and span genres such as jazz, folk, pop and more. Each concert kicks off with an opening act from a local youth performer. Main act performances are approximately 45 minutes long.

## Downtown Pedestrian Mall

Throughout the summer, the City brings the Downtown Pedestrian Mall to life by featuring a diverse range of performers through lively, busker-style performances. These artists add energy and atmosphere to the space, creating an engaging experience for visitors. Performers participate independently and are responsible for providing their own equipment and setup, as no electricity, tenting, staging, seating, or other amenities are supplied.



## City of St. John's Hosted Events and Festivals

Perform for a variety of audiences, in a family-friendly environment. Performance requirements vary based on the event or festival, and may include Chillfest, Canada Day celebrations, New Year's Eve celebrations and others as required.

## Dockside Welcomes

An introduction to our city and province to welcome cruise ship passengers with music, song and dance. Designed to be informative, entertaining and engaging while showcasing Newfoundland and Labrador's talent.



## City of St. John's Call for Performers 2026

**You can apply today!**

**Application deadline is Friday, March 27, 2026**

Complete the application form:  
scan the QR code or visit

**[StJohns.ca/CallForPerformers](https://StJohns.ca/CallForPerformers)**

# Inclusive Services



The City of St. John's is committed to providing an accessible, inclusive, healthy and safe community for everyone. For more information on programs and services visit [StJohns.ca/InclusiveServices](https://StJohns.ca/InclusiveServices) or email [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca).

## Financial Support

Financial support may be available for individuals and families facing financial barriers to participate in recreation and leisure programs. The type of financial support is based on age, program type, family income, and family size.

## Attendant Pass

Persons with disabilities who require the support of an attendant to accompany them to events may apply for a pass for their attendant.

Call **709-576-4556** or email [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca)

## Adaptive Equipment Lending Program

The City of St. John's understands that taking part in recreation, at any time of the year, greatly improves physical and mental well-being. We have adaptive recreation equipment that can be used in winter that is available to borrow free-of-charge. A minimum of one week notice is required for requests.

For more information visit:  
[StJohns.ca/InclusiveServices](https://StJohns.ca/InclusiveServices)

## Donate to the REAL Program

**Your support gives every child a chance**

Visit [StJohns.ca/REAL](https://StJohns.ca/REAL)

## Recreation Support Services for City Programs

Participants seeking a City-provided one-on-one inclusion support staff and those who provide their own respite support staff must complete the Recreation Support Services Application and return it by the following deadlines.

Recreation Program	Application Deadline
Spring Recreation Programs	February 1
After School Programs	March 1
Summer Recreation Programs	March 17
Fall Recreation Programs (including Preschool)	July 17
Winter Recreation Programs (including Preschool)	November 17

### For Applications:

Email [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca) or call **709-576-6972**  
Visit the Paul Reynolds or H.G.R. Mews Community Centres.

### REAL Program Summer Application Deadline is April 17, 2026.

Applicants who have questions or require assistance please call **709-576-8684/4556** or email [Real@StJohns.ca](mailto:Real@StJohns.ca).

**REAL**  
PROGRAM





# Recreation Registration



For the most current programs and services visit [StJohns.ca/RECconnect](https://StJohns.ca/RECconnect).

Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Program Registration	St. John's Residents	Residents of Other Municipalities
Spring Programs (spring camp, children, youth, adult, senior, fitness and outdoor)	7 a.m. Thursday March 5, 2026	7 a.m. Tuesday, March 10, 2026
Preschool and After School Programs 2025-2026	7 a.m. Thursday April 2, 2026	7 a.m. Tuesday, April 7, 2026
Swimming Lessons and Aquatic Leadership	7 a.m. Tuesday, April 7, 2026	7 a.m. Thursday, April 9, 2026

## Registration Options:

Online: [StJohns.ca/RECconnect](https://StJohns.ca/RECconnect)

In-person: H.G.R. Mews Community Centre,  
60 Blackler Avenue or Paul Reynolds Community  
Centre, 35 Carrick Drive.

By phone: 709-576-8499 or 709-576-8631

Telephone registration is available after 10 a.m.  
on registration day.

You must ensure your account is activated and up-to-date at least 72 hours before the registration time.

## Outdoor Programs

For more details or to register for these programs visit [StJohns.ca/RECconnect](https://StJohns.ca/RECconnect).

	Code	Age	Day	Date	Time	Location	Cost
Navigation Skills	38655	18+	Su	Apr 26	9am-2pm	Rotary	\$50
Wilderness Survival	38656	18+	Sa	May 2	9am-2pm	Rotary	\$50
Archery	38651	18+	Tu	May 5-19	6:30-8pm	Rotary	\$45
Family Archery (Register once per family)	38652	5+	M	May 25-Jun 8	6:30-8pm	Kenmount	\$81
Bike Trail Ride	38653	8-12	Sa	May 23	9:30am-noon	Rotary	\$16.25
Family Canoeing (Register once per family)	38654	5+	Sa	Jun 6	10am-noon	Rotary	\$36

### Group Outdoor Programs

Outdoor programs take place at Rotary 'Sunshine' Park and are available to community, youth and school groups.

Programs are customized for the age and ability of participants, are offered as the season permits and can be booked from September to June. To book contact [Outdoor@StJohns.ca](mailto:Outdoor@StJohns.ca).

### Corporate Outdoor Program

We offer corporate team building programs for your organization. A variety of land, snow or water activities are available for groups from 10 to 60 people. We can plan a day or work with you to create a custom program that will meet your needs.

For more information on any outdoor programs visit [StJohns.ca/OutdoorPrograms](https://StJohns.ca/OutdoorPrograms).

# Swimming



## Swimming Lessons

For more details visit: [StJohns.ca/Swimming](https://StJohns.ca/Swimming)

Swimming lessons are offered year-round and follow the Lifesaving Society Swim for Life Program and are available to swimmers of all abilities from the ages of four months to adult. Lessons are offered once per week and include the following programs:

- Parent and Tot 1, 2 and 3
- Preschool, Swimmer and Teen Lessons
- Adult Lessons
- Private Swimming Lessons
- Adapted Swimming Lessons\*

\*A parent or aide may be required to support the swimmer in the water; a swimmer intake form is required two weeks prior. Contact [Inclusion@StJohns.ca](mailto:Inclusion@StJohns.ca) for more details.

To register or view current offerings visit [StJohns.ca/RECconnect](https://StJohns.ca/RECconnect).

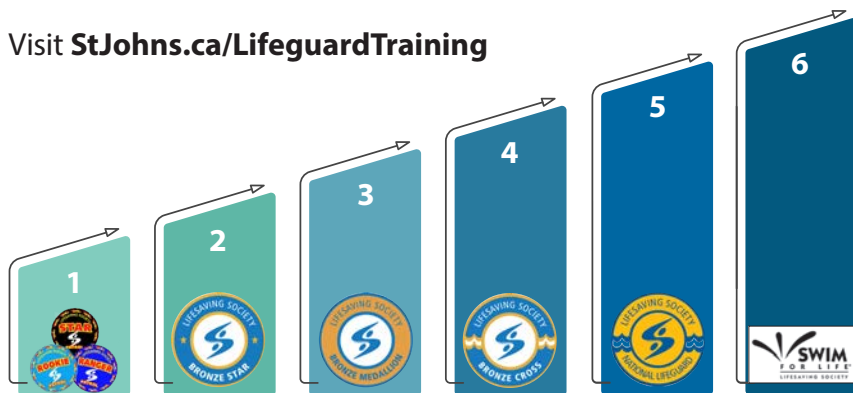
## Aquatic Leadership



### Climb The Ladder To Become A Lifeguard!

Start your lifeguard training now with the following Lifesaving Society training programs. All prerequisite certifications must be submitted on the first day of the course.

Visit [StJohns.ca/LifeguardTraining](https://StJohns.ca/LifeguardTraining)



## Indoor Pools

H.G.R. Mews Community Centre,  
60 Blackler Avenue

Paul Reynolds Community Centre,  
35 Carrick Drive

Visit [StJohns.ca/Swimming](https://StJohns.ca/Swimming) for swim descriptions, accessibility features and pool schedules.

Schedules are also available by phone at: 709-576-8155 (PRCC) and 709-576-8408 (Mews) or by email at [Recreation@StJohns.ca](mailto:Recreation@StJohns.ca).

For more details visit:  
[StJohns.ca/Swimming](https://StJohns.ca/Swimming)



## Fitness

We have a variety of fitness classes available for all ages and abilities.

**Drop-in programs:** Aquatic Fitness, Adults in Motion, Core Balance and Body Conditioning.

**Programs that require registration:** Yoga (beginner, intermediate, mixed, relaxation) Body Conditioning (Southlands only), and Ever Active.



# Children and Youth



**Playgroups** - The following programs are for children up to age 5

	Day	Date	Time	Location	Cost
Active Playgroup	M	Apr 13-Jun 15	9:30-11:30am	Kilbride	Free For more information visit <a href="http://www.kffrc.com">www.kffrc.com</a>
Playgroup	Tu Th	Apr 2-Jun 18	9:30-11:30am	Kilbride	Free For more information visit <a href="http://www.kffrc.com">www.kffrc.com</a>
Playgroup	Tu Th Sa	Apr 14-Jun 13	10am-noon	Kenmount	\$2, under 6 months free
Playgroup	Tu Sa	Apr 14-Jun 13	10-11:30am	Southlands	\$2, under 6 months free
Playgroup	Tu	Apr 14-Jun 9	9-10:30am	Mews	\$2, under 6 months free

No programs during the week of April 5-11, 2026.

## After School Program 2026-2027

	Code	Day	Date	Time	Transportation From	Cost
Kilbride Discovery Grades K-2	38625	M-F	Sep 9-Jun 25	3-5:30pm	Hazelwood Elementary	\$375 per month
Kilbride Explore Grades 3-6	38626					
PRCC Discovery Grades K-3	38627	M-F	Sep 9-Jun 25	3-5:30pm	Mary Queen of Peace	\$375 per month
PRCC Discovery Grades K-3	38628				Roncalli and MacDonald Drive	
PRCC Explore Grades 4-6	38629				Mary Queen of Peace, Roncalli and MacDonald Drive	

**Preschool** - For children beginning Kindergarten in September 2027. Requires registration.

	Code	Age	Day	Date	Time	Location	Cost
Preschool	38623	4-5	M W F	Sep 14-Dec 4	9am-noon	PRCC	\$495
Preschool	38624	4-5	M W F	Sep 14-Dec 4	9am-noon	Southlands	\$495

## Open Gym Drop-in - Children under the age of 12 must be accompanied by a guardian

	Day	Date	Time	Location	Cost
Open Gym Drop-In	Su	Apr 12-Jun 7	4:30-6:30pm	PRCC	\$2 per person
Open Gym Drop-In	Su	Apr 12-Jun 7	7-9pm	Mews	\$2 per person
	Sa	Apr 18-Jun 13	6:30-8:30pm		
Open Gym Drop-In	Sa	Apr 18-Jun 13	6:30-8:30pm	Kenmount	\$2 per person

## Leadership - Requires registration.

	Code	Age	Day	Date	Time	Location	Cost
Babysitting	38633	11-15	Sa	Apr 18	9am-4:30pm	Kenmount	\$55
	38657			Jun 6		Southlands	
Home Alone Safety	38632	10-12	Sa	Apr 25	9am-4:30pm	PRCC	\$55

## FREE Pre-teen and Youth Drop-in

	Grades	Day	Date	Time	Location
Lunch-in	Grades 7-9	M-F	Apr 13-Jun 12	noon-1pm	PRCC
Pre-teen Drop-in	Grades 5-6	M	Apr 13-Jun 8	6-8pm	Southlands
		M	Apr 13, May 11 and Jun 8	6-7:30pm	Kilbride
Youth Drop-In	Grades 5-12	W	Apr 15-Jun 10	6-8pm	Shea Heights
Youth Drop-In	Grades 7-12	M	Apr 13-Jun 8	5:30-7pm	Kenmount
		Th	Apr 16-Jun 11	6:30-8:30pm	PRCC
Drop-in Sports	Grades 5-12	Tu	Apr 14-Jun 9	6-8pm	St. John Bosco

## Spring Camp!

April 6 to 10, 2026

Our Spring Camps offer a full week of games, crafts and adventures for children in Kindergarten to Grade 6. Registration is March 5 for residents and March 10 for non-residents.

**Locations:** Kilbride, Kenmount Terrace, Southlands and Paul Reynolds

**Weekly rates:** \$125 to \$150.



# Adult Programs

## Save the date:

Summer Registration is May 14



Adult courses are for ages 18+ and require registration, see page 7 (unless otherwise noted). Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

## Music

	Code	Day	Date	Time	Location	Cost
Guitar Beginner	38602	Th	Apr 16-Jun 4	5:30-7pm	Mews	\$66
Guitar Intermediate	38603	M	Apr 13-Jun 1	7:30-9pm	Mews	\$57.75
Guitar Advanced	38601	Th	Apr 16-Jun 4	7:30-9pm	Mews	\$66
Keyboarding Beginner	38604	Tu	Apr 14-Jun 2	9:30-10:45am	Mews	\$55
Keyboarding Beginner	38605	Th	Apr 16-Jun 4	9:45-11am	PRCC	\$55
Keyboarding Intermediate	38606	Tu	Apr 14-Jun 2	11am-12:15pm	Mews	\$55
Keyboarding Intermediate	38608	Tu	Apr 14-Jun 2	12:30-1:45pm	Mews	\$55
Keyboarding Intermediate	38607	Th	Apr 16-Jun 4	11:30am-12:45pm	PRCC	\$55
Ukulele Beginner	38609	M	Apr 13-Jun 1	6-7pm	Mews	\$38.50

## Drop-in Programs

	Day	Date	Time	Location	Cost
Walk and Wheel	M W F	Mar 30-Jun 12	noon-1pm	Southlands	Free
Open Gym Drop-In	M	Apr 13-Jun 8	7-10pm	Kenmount	\$2
Open Gym Drop-In	W	Apr 15-Jun 10	6-7:30pm	Southlands	\$2
Open Gym Drop-In	Th	Apr 16-Jun 11	noon-1pm	Southlands	\$2



## Dance

	Code	Day	Date	Time	Location	Cost
A Time to Dance	38583	M	Apr 13-Jun 1	1-2pm	PRCC	\$38.50
A Time to Dance	38584	Tu	Apr 14-Jun 2	6:30-7:30pm	PRCC	\$44
Beginner Line Dance	38574	M	Apr 13-Jun 1	1-2pm	Southlands	\$38.50
Beginner Line Dance	38573	Tu	Apr 14-Jun 2	11am-noon	Mews	\$44
	38572			12:30-1:30pm		
Beginner Line Dance	38577	W	Apr 15-Jun 3	6-7pm	PRCC	\$44
Beginner Line Dance	38576	W	Apr 15-Jun 3	1-2pm	Shea Heights	\$44
Beginner Line Dance	38575	F	Apr 17-Jun 5	11am-noon	Kilbride	\$38.50
Line Dance – Natural Progression Line	38578	W	Apr 15-Jun 3	7:30-8:30pm	PRCC	\$44
Intermediate/Advanced Line Dance	38580	W	Apr 15-Jun 3	2-3pm	Mews	\$44
Intermediate/Advanced Line Dance	38579	Th	Apr 16-Jun 4	11am-noon	Mews	\$44
Intermediate Line Dance	38581	Th	Apr 16-Jun 4	12:30-1:30pm	Mews	\$44
Intermediate Line Dance	38582	W	Apr 15-Jun 3	12:30-1:30pm	Mews	\$44
Newfoundland Traditional Dance (drop-in)	N/A	W	Apr 15-Jun 3	7:30-9pm	Mews	\$8.25 drop-in

## Hobbies & Interests

	Code	Day	Date	Time	Location	Cost
Knitting - Learn to Knit	38591	M	Mar 23-May 25	6-8pm	Southlands	\$60
Knitting Circle	38590	M	Apr 13-Jun 15	10:30am-noon	Mews	\$18
Knitting Circle	38589	Th	Apr 16-May 28	10:30am-noon	Southlands	\$14
Chess (Drop-in)	N/A	Th	Apr 16-Jun 4	9:30-10:30am	Mews	\$5.50 drop-in

**Art** - Materials included no experience necessary

	Code	Day	Date	Time	Location	Cost
Acrylic Painting - Beach & Sea Shells	38595	F	Apr 24	6-8pm	Mews	\$19.50
Acrylic Painting - Pansy	38596	F	May 1	6-8pm	PRCC	\$19.50
Acrylic Painting - Orca Whale	38592	Su	Apr 19	6-8pm	Kilbride	\$19.50
Acrylic Painting - Flowers in Vase	38597	Su	May 24	6-8pm	Kilbride	\$19.50
Acrylic Painting - Ocean Shoreline	38659	Su	May 3	6-8pm	Shea Heights	\$19.50
Acrylic Painting - Root Cellar	38658	Su	May 31	6-8pm	Southlands	\$19.50
Oil Painting - Espresso, Cup & Saucer	38598	Th	Apr 16-30	6-8pm	Mews	\$60
Drawing - Puffin	38600	F	May 15	6-8pm	PRCC	\$18
Drawing - Paddle Boat in Pond	38599	F	Jun 5	6-8pm	Mews	\$18

## Municipal Open House

### Sunday, May 3, 2026

Get an inside look at your city during Municipal Awareness Week! Visit select municipal buildings and get the inside scoop on City services and operations.

Learn more at [StJohns.ca](https://stjohns.ca)



# Older Adults (50+)



These programs are for ages 50+ and require registration.

Registration details are on [page 7](#). There are also many other adult programs that may interest you on [page 11-13](#).

## Active for Life

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

**April 13 - June 3 | \$82.50**  
Kenmount Terrace  
Community Centre  
Mondays and Wednesdays  
1 to 2 p.m.  
Event code: 38611

**April 13 - June 3 | \$82.50**  
Paul Reynolds  
Community Centre  
Mondays and Wednesdays  
9:30 to 10:30 a.m.  
Event code: 38612

## Social Time

Socialize with friends while enjoying leisure activities, music, games and light refreshments.

**April 13 - June 1 | \$14**  
H.G.R. Mews Community Centre  
Mondays  
10:30 a.m. to 12:30 p.m.  
Event Code: 38588

**April 14 - June 2 | \$16**  
Paul Reynolds Community Centre  
Tuesdays  
10:30 a.m. to 12:30 p.m.  
Event Code: 38586

**April 17 - June 5 | \$16**  
H.G.R. Mews Community Centre  
Fridays  
10:30 a.m. to 12:30 p.m.  
Event Code: 38587



## Contact Us

By Phone:

709-576-8490

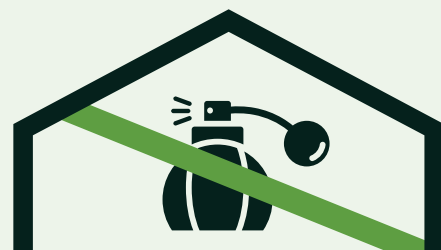
709-576-5701

709-576-8411

By Email:

[Recreation@StJohns.ca](mailto:Recreation@StJohns.ca)

[AdultAndSeniors@StJohns.ca](mailto:AdultAndSeniors@StJohns.ca)



Please note that all programs and events are **strictly scent-free** to ensure a comfortable experience for everyone.



# Events and Outings



Registration is required for all events and outings. A meal, refreshments and transportation are included.

If you require accommodation to participate or have dietary restrictions, we should be aware of, please email [AdultAndSeniors@stjohns.ca](mailto:AdultAndSeniors@stjohns.ca) or call 709-576-8411.

## Country and Western Night

April 30 | \$23

Dust off your boots and hats for a fun-filled Country Night. Music and meal included.

City Hall  
6:30 to 10:30 p.m.  
Event code: 38569

## Social and Bingo

May 7 | \$19

Enjoy time with friends with lunch and a game of Bingo! Prizes included.

Kenmount Terrace  
Community Centre  
10 a.m. to 1 p.m.  
Event code: 38568

## Seniors Got Talent

May 21 | \$23

Do you have a talent that you'd like to share with friends? Join us for an evening of laughs, dancing, singing and much more.

City Hall  
6:30 to 10:30 p.m.  
Event code: 38570

## Outdoor Adventures

June 4 | \$17

Join the City's Outdoor Team for fun and adventure. Please dress according to weather.

Rotary "Sunshine" Park  
10 a.m. to 1 p.m.  
Event code: 38571

## Transportation

Transportation for special events is included in the event price. Please call 709-576-8594 the evening before the event to determine the bus schedule. Pick-ups occur at the following City facilities and apartment complexes:

- Bishop Meaden Manor
- Building #10 Pasadena Cres
- Churchill Square
- H.G.R. Mews Community Centre
- Kelly's Brook Apartments (Main entrance)
- Maplewood Apartments
- Morgan Hollow
- Paul Reynolds Community Centre
- Shea Heights Community Centre
- St. George's Court Apartments
- St. Luke's Cottages/ Babb Manor
- Thomas Estates
- Victoria Manor
- Wigmore Manor

**NOTE:** If the bus cannot fit into the parking lot it will park at the entrance of the lot.



# National Youth Week

May 1 to 7, 2026

The City of St. John's proudly celebrates National Youth Week from May 1 to 7 with a full week of activities designed to recognize, engage and inspire youth. Featuring free events and programs that highlight creativity, leadership and community connection, Youth Week celebrates the important role young people play in shaping our city.



## Youth Art Exhibit

Wyatt Hall (second floor City Hall)

### Opening reception:

Tuesday, May 5, 7 to 8 p.m.

The art exhibit will be open to the public May 1 to 15 from 8 a.m. to 4:30 p.m. on weekdays.

## Free Swims

There will be free swims for youth during Youth Week, stay tuned for details!

## Youth Carnival

Paul Reynolds Community Centre

Thursday, May 7, 6:30 to 8 p.m.

Free! Limited capacity -first come, first served.

To learn more and for details on activities during Youth Week visit [StJohns.ca/NationalYouthWeek](https://stjohns.ca/NationalYouthWeek)



## TRAIL EXPLORERS

Join us in exploring the beautiful trails of St. John's through this inclusive program that promotes health, wellness, and community connection. Scan the QR for more information and to see the full schedule or visit [StJohns.ca/TrailExplorers](https://StJohns.ca/TrailExplorers)

For questions about Trail Explorers email [healthyprograms@stjohns.ca](mailto:healthyprograms@stjohns.ca)

If you require adaptive equipment to participate, learn more about the Adaptive Equipment Lending Program by emailing [inclusion@stjohns.ca](mailto:inclusion@stjohns.ca) or calling **709-576-6972**.

