

	CS – LSS Swim for Life Instructor Pre-Course Assessment	Community Services
	Lifesaving Society Swim for Life Instructor Pre-Course Skill Assessment	

Information	SECTION 1
-------------	------------------

First Name _____ Last Name _____ Date of Birth _____
 Parent/Guardian Name _____ Phone _____ Email _____

Pre-Requisite Check & Swimming History	SECTION 2
--	------------------

1. LSS Bronze Cross is a pre-requisite for this course. Have you completed this course?:

Yes No

Please provide either a:

Copy of your Bronze Cross certification OR

Your “Find a Member” identification code from the Lifesaving Society. LSS ID _____

2. What was the last level you completed in swimming lessons? _____

3. When did you complete this level? _____

4. Which program and where did you complete this? _____

5. Are you registered in a Swim For Life Instructors course?: Yes No

If yes, which course (list barcode or start date) _____

Please note that candidates must be 15 years of age on or before the final day of the course.

Candidate Assessment	SECTION 3
----------------------	------------------

Note to Candidate: To ensure your swimming journey is a successful one, a Lead Instructor will watch you complete the following skills. All skills must be completed at a Lifesaving Society Swim for Life Swimmer 6, or higher and you must meet all of the pre-requisites as laid out by the Lifesaving Society, and the City of St. John’s.

Note to Lead Instructor: Please provide a completed copy to the candidate and submit the original to the Aquatic & Facilities Specialist.

Staff Completing Assessment _____ Date _____

Candidate Assessment continued

SECTION 3

Skill	Notes	Skill Level Equivalency to LSS Swim For Life
Front Crawl		
Back Crawl		
Breaststroke		
Egg Beater (Hands out of the water for 1 minute)		

Name of Candidate _____

- | | | |
|--|-----|----|
| 1. Has successfully completed the swimming assessment: | Yes | No |
| 2. Is at least 15 years old on or before the last day of the course: | Yes | No |
| 3. Has presented the Lifesaving Society Bronze Cross Certification for verification: | Yes | No |

Next Step

Congratulations! You have successfully completed the swim assessment and can proceed with participation in the Swim For Life Instructors course.

At this time, you have not successfully completed the swim assessment, please consider the following options:

1. Register in _____
2. Keep practicing your swimming skills. Request a re-assessment (insert approximate time, ex: 1 month) _____. To request a re-assessment, you can register on-line, or you can call 709-576-8154 to speak with an Aquatic & Facilities Specialist.

Privacy Notice

SECTION 4

Collection of personal information via this form is authorized under the Access to Information and Protection of Privacy Act, 2015 and is needed to complete an assessment. Questions about the collection and use of the information may be directed to Manager of Community Services at recreation@stjohns.ca

Please send completed form to:

Recreation Division
P.O. Box 908, 10 New Gower Street
St. John's, NL A1C 5M2

For further information:

Phone: 709-576-8154
Email: recreation@stjohns.ca



NEWFOUNDLAND AND LABRADOR, CANADA