

Trail Explorers | September 2026 Schedule

Date and Time	Trail	Meeting Location	Time to Complete	Distance	Rating
Wednesday September 9 2 p.m.	Mundy Pond Trail	H.G.R Mews Centre 60 Blackler Avenue	40-55 minutes	2 km	3
Wednesday September 16 10:30 a.m.	Trailway Southside Road	Southside Road, gravel Parking Lot opposite # 425	100-120 minutes	6.5 km	5
Wednesday September 23 5:30 p.m.	Quidi Vidi Trail	Dominion Parking lot by the soccer field.	40-60 minutes	3.8 km	3

Trail Rating Key

- 1** – Relatively flat, short distance (under 1.5 km), and/or easier terrain
- 2** – Moderate inclines, moderate distances (1.5-3 km), and/or manageable terrain
- 3** – Steep inclines, longer distances (3-4 km), and/or moderately challenging terrain
- 4** – Very steep inclines, extended distances (4-5 km), and/or challenging terrain
- 5** – Extremely steep inclines, long distances (5 km+), and/or rugged, difficult terrain

Please Note:

The schedule is weather dependent and relies on trail conditions. Subscribe to receive cancellations to your email at **StJohns.ca/Subscribe**