



FALL 2025

CITY GUIDE



**The New H.G.R. Mews
Community Centre Opening**
Page 4 and 5

ST. JOHN'S

StJohns.ca

City Council



Mayor
Danny Breen (he/him)
709-576-8477
Mayor@StJohns.ca



Ward 4 Councillor
Tom Davis (he/him)
709-576-8217
TDavis@StJohns.ca



Deputy Mayor
Sheilagh O'Leary (she/her)
709-576-8363
SOleary@StJohns.ca



Ward 5 Councillor
Carl Ridgeley (he/him)
709-576-2332
CRidgeley@StJohns.ca



Ward 1 Councillor
Jill Bruce (she/her)
709-576-7144
JBruce@StJohns.ca



Councillor at Large
Ron Ellsworth (he/him)
709-576-8584
REllsworth@StJohns.ca



Ward 2 Councillor
Ophelia Ravencroft (she/her)
709-576-8243
ORavencroft@StJohns.ca



Councillor at Large
Maggie Burton (she/her)
709-576-8286
MBurton@StJohns.ca



Ward 3 Councillor
Greg Noseworthy (he/him)
709-576-8643
GNoseworthy@StJohns.ca



Councillor at Large
Sandy Hickman (he/him)
709-576-8045
SHickman@StJohns.ca

City Guide

Information about the programs and services at the City of St. John's; produced quarterly and distributed via mail to all households in the capital city.

If you do not wish to receive unaddressed mail including the City Guide, put a note on or in your mailbox stating you do not wish to receive Canada Post Neighbourhood Mail™.

If you continue to receive unaddressed advertising after you have placed the note on your mailbox, submit a service ticket at CanadaPost.ca or call Canada Post Customer Service at 1-866-607-6301.

Editor-in-Chief: Jackie O'Brien **Editor:** Jill Sheppard

Design: Charlie Dunphy

City Guide c/o
Marketing and Communications
P.O. Box 908
St. John's, NL A1C 5M2
Communications@StJohns.ca

Contents

| | |
|------------------------|-------|
| City Council | 2 |
| Inclusive Services | 3 |
| New Mews | 4-5 |
| Waste and Recycling | 6-7 |
| Registration/Outdoor | 8 |
| Swimming | 9 |
| Child/Youth Recreation | 10-11 |
| Adult Recreation | 12-13 |
| Older Adult Recreation | 14-15 |
| Pumpkin Walk | 16 |

Inclusive Services

We can help provide support to participate in City of St. John's recreation programs. Contact us to learn more about Recreation Support Services.

Therapeutic Recreation Referrals

Therapeutic Recreation promotes safe and supportive recreation and leisure opportunities for participants with physical, mental, social or emotional barriers. Participants may be referred by a professional or self-referral.

Attendant Pass

Persons with disabilities who require the support of an attendant to accompany them to events may apply for an attendant pass.

Adaptive Equipment Lending Program

We have equipment that can assist people with disabilities to participate in recreation and leisure activities. Contact us to borrow adaptive equipment free of charge.

Financial Support

Financial support is available for individuals facing financial barriers to participate in City of St. John's recreation programs.

REAL Program

Requests for children and youth to participate in recreational programs are referred to the REAL Program. Contact Real@StJohns.ca.

Contact us

For more information about any of these programs or services:

709-576-6972

Inclusion@StJohns.ca

Donate to the REAL Program

Your support gives every child a chance

Visit StJohns.ca/REAL

Pursuing Active Lifestyles

September 16 to December 16

For individuals with mild to moderate developmental disabilities to learn about the basic skills needed for active living. 18+
\$84

Paul Reynolds Community Centre

Tuesdays, 6:30 to 8 p.m.

Event code: 37774

TIME™ Together in Movement and Exercise

September 16 to November 27

A community-based exercise program for people with balance and mobility limitations who can walk 10 metres with or without a walking aid. Registration is by referral from a physician, physiotherapist, registered nurse, nurse practitioner or certified therapeutic recreation specialist. 18+
\$200

Paul Reynolds Community Centre

Tuesdays and Thursdays, 11:15 a.m. to 12:15 p.m.

Event code: 37775

Fit Finders

Offered in winter, spring and fall to groups facing barriers to participate in recreation programs. Groups can experience activities in a safe, supportive environment with experienced recreation staff.

REAL
PROGRAM



New H.G.R. Mews Community Centre

Opening September 15



The City of St. John's is excited to announce that the new H.G.R. Mews Community Centre will open on Monday, September 15, 2025. This state-of-the-art facility represents a significant investment in the health, recreation and sustainability of our community.

The City does not anticipate any disruption to recreation programs, as the move will take place between summer and fall programming. The City will offer a number of opening week events to the public to allow them to experience the new facility, which will be announced closer to the opening.

For the latest news about the new H.G.R. Mews Community Centre, visit StJohns.ca/NewMews.

Rentals

The City is now accepting requests for birthday party rentals at the new facility, as well as gym rentals. For more information, please call 709-576-8499 or email Recreation@StJohns.ca. Please note, gym rental requests will be accepted until September 5, and times will be allotted accordingly.

About the New Facility

Spanning 60,000 square feet, the new H.G.R. Mews Community Centre offers a wide range of amenities designed to meet the diverse needs of our residents. Key features include:

- A 25-metre, six-lane swimming pool with a climbing wall.
- A leisure pool with interactive water features.
- A steam room.
- Electric switchable glass in the pool viewing area for privacy.
- A full-size gymnasium.
- An indoor walking track.
- Convertible courts for squash, handball, or racquetball.
- Two multi-purpose rooms with a partition wall and shared kitchen.
- Dedicated spaces for the BGC and the REAL Program.
- Various accessibility features to ensure a more inclusive facility.

In addition, the facility consolidates the City's recreation staff from the old H.G.R. Mews Community Centre with staff located at a leased space on Crosbie Place into one centralized space.





Know Before You Go

Hours: 7 a.m. to 9 p.m.

- The new facility will not have coin operated lockers in the swimming area, rather you will be required to bring your own lock. Locks will be available for purchase at the front desk. The squash, handball & racquetball lockers will be coin operated.
- The walking track will be open during regular hours of operation but may close for cleaning as needed.
- The steam room will follow the public swim schedule.
- Recreation, rental and swimming fees will remain the same. Admission to the steam room is the same admission price as a public swim and is valid for the duration of the swim time only.
- Admission for the walking track is \$2 for youth and seniors and \$3 for adults. Multi-session passes are also available at a discounted price for 10, 20 and 30 admissions.



Welcome new residents!
Download the free Curbit St. John's App
 Available for iPhone & Android



For 2025 Waste Collection Schedules visit:
CurbitStJohns.ca/Schedules

Sign Up for Waste Reminders
 Available in English, French, Punjabi, Simplified Chinese, Russian and Spanish.



Separate Bag for Containers



Aluminum Trays
 e.g. pie plates, baking trays & more



Aluminum Cans
 e.g. pop cans, beer cans & more



Milk & Juice Cartons



Plastic Trays & Tubs
 e.g. butter & sour cream tubs, veg & fruit trays



Clamshell Plastic Trays
 Take-out foods, sandwich & berry containers



Plastic Food Containers
 e.g. ketchup, mustard, yogurt & more



Plastic Toiletries Containers
 e.g. shampoo, liquid soap, mouthwash & more



Plastic Cleaning Product Containers
 e.g. bleach, liquid laundry detergent, all-purpose cleaner & more



Steel (Tin) Cans
 e.g. soup cans, bean cans, tuna cans & more



Tetra Pak Containers
 e.g. juice boxes, soup containers & more



Plastic Drink Bottles
 e.g. water, pop, liquor & more



Separate Bag for Papers



Egg Cartons
 Cardboard, not styrofoam



Boxboard
 e.g. cereal, cracker, detergent boxes, frozen food boxes & more



Take Out Drink Trays



Empty Paper Towel & Toilet Paper Rolls*
 *Cardboard inner rolls only



Corrugated Cardboard
 Must be in a tied-up blue bag or bundled to no more than 2 ft x 2 ft x 1 ft



Newspaper, Flyers & Junk Mail



Magazines, Catalogues & Phone Books



Writing & Computer Paper
 e.g. lined, white, coloured



Envelopes
 paper and plastic window envelopes, but not bubble or insulated envelopes



Books
 Remove hardcovers

Do not put in blue bags: glass, Styrofoam, plastic wrap/bags or wrapping paper.

Learn more curbside recycling details at
CurbitStJohns.ca/Recycle

Yard & Organic Waste

Yard Waste

From May to November each year, all yard waste placed at the curb for collection must be in paper yard waste bags. Yard waste bags are collected every second week, on the same day as your recycling.

Paper yard waste bags can also be dropped off at the Residential Drop Off at Robin Hood Bay, open Tuesday to Saturday from 8 a.m. to 4 p.m.



Backyard Composting

The City of St. John's, in partnership with the Memorial University Botanical Garden and MMSB, offers **FREE** basic introductory sessions about backyard composting. Sessions are offered in-person (one hour) and the online session is available at any time. Once completed, St. John's residents can purchase a reduced-price backyard compost tumbler bin.

2025 In-Person Sessions:

Botanical Garden

306 Mount Scio Road
Saturday, Sept. 6 from 1 to 2 p.m.

Bannerman Park Pool House

23 Bannerman Road
Saturday, Nov. 1 from 1 to 2 p.m.

Johnson Geo Centre

175 Signal Hill Road
Tuesday, Nov. 4 from 12:30 to 1:30 p.m.

Online session is available at:

[Mun.ca/BotanicalGarden/Learn/Composting](https://mun.ca/BotanicalGarden/Learn/Composting)

For more details

[CurbitStJohns.ca/Recycle/Yard-Waste](https://curbitstjohns.ca/Recycle/Yard-Waste) and
[CurbitStJohns.ca/Recycle/Backyard-Composting](https://curbitstjohns.ca/Recycle/Backyard-Composting)

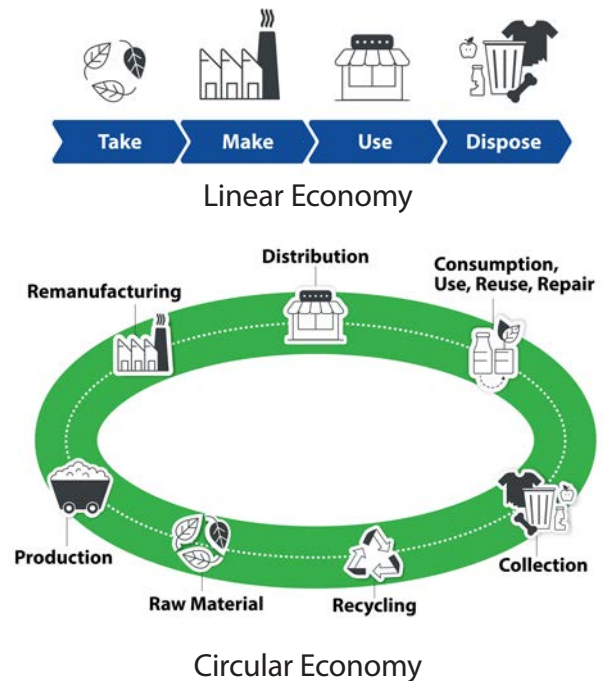
October is Circular Economy Month

The circular economy is a new way of looking at how we use and reuse materials and resources.

Learn more at:

[CurbitStJohns.ca/Educate/Circular-Economy](https://curbitstjohns.ca/Educate/Circular-Economy)

Linear Economy vs. Circular Economy



Free Compost for St. John's Residents

Visit the Robin Hood Bay Residential Drop Off during regular hours:
8 a.m. to 4 p.m. Tuesday to Saturday

Bring your own buckets and shovel and secure your load before leaving the site.

Recreation Registration



For the most current programs and services visit StJohns.ca/REConnect

| Program Registration | St. John's Residents | Residents of Other Municipalities |
|-----------------------|----------------------------|-----------------------------------|
| Fall Programs | 7 a.m., Thursday, August 7 | 7 a.m. Tuesday, August 12 |
| Fall Swimming Lessons | 7 a.m., Tuesday, August 26 | 7 a.m. Thursday, August 28 |

Programs are subject to cancellation, based on minimum registration numbers or instructor availability.

Registration Options

Online: StJohns.ca/REConnect

In-person: H.G.R. Mews Community Centre, 40 Mundy Pond Road or Paul Reynolds Community Centre, 35 Carrick Drive.

By phone: 709-576-8499 or 709-576-8631
Telephone registration is available after 10 a.m. on registration day.

You must ensure your account is activated and up-to-date at least 72 hours before the registration time. Please ensure children/family members are added to your account.

Outdoor Programs

For more details or to register for these programs visit StJohns.ca/REConnect

| | Code | Age | Day | Date | Time | Location | Cost |
|--|-------|-------|-----|--------------|-----------|----------|--------|
| Family Canoeing | 37769 | 5+ | Sa | Sep 13 | 10am-noon | Rotary | \$36 * |
| Family Wilderness Survival | 37771 | 5+ | Su | Sep 21 | 1-4pm | Rotary | \$54 * |
| Girls Rise Outside-Outdoor Recreation Skills | 37772 | 12-15 | Sa | Oct 25 | 9am-3pm | Rotary | \$39 |
| Family Fire Building | 37770 | 5+ | Su | Nov 2 | 1-3pm | Rotary | \$36 * |
| Family Archery | 37768 | 5+ | Th | Nov 17-Dec 1 | 6-730pm | Kenmount | \$81 * |
| Winter Wreath Making | 37773 | 18+ | Th | Nov 27 | 6-9pm | Kenmount | \$48 |

* Price per family

Group Outdoor Programs

Outdoor programs take place at Rotary 'Sunshine' Park and are available to community, youth and school groups. Programs can be booked from September to June by contacting Outdoor@StJohns.ca

Corporate Outdoor Program

We offer corporate team building programs for your organization for groups from 10 to 60 people. We can work with you to create a custom program. For more information on any outdoor programs visit StJohns.ca/OutdoorPrograms

Swimming



Swimming Lessons

Swimming lessons are offered year-round and follow the Lifesaving Society Swim for Life program and are available to swimmers of all abilities from the ages of four months to adult. Lessons are offered once per week and include the following programs:

- Parent and Tot 1, 2 and 3
- Preschool, Swimmer and Teen
- Adult lessons
- Private Swimming Lessons
- Adapted Swimming Lessons*

*A parent or aide may be required to support the swimmer in the water; a swimmer intake form is required two weeks prior. Contact Inclusion@StJohns.ca.

To register or view current offerings visit StJohns.ca/REconnect.

Aquatic Leadership



Climb The Ladder To Become A Lifeguard!

Start your lifeguard training now with the following Lifesaving Society training programs. All prerequisite certifications must be submitted on the first day of the course.

Visit StJohns.ca/LifeguardTraining



Indoor Pools

H.G.R. Mews Community Centre,
60 Blackler Avenue

Paul Reynolds Community Centre,
35 Carrick Drive

Visit StJohns.ca/Swimming for swim descriptions, accessibility features and pool schedules. Schedules are also available by phone at 709-576-8155 (PRCC) and 709-576-8408 (Mews) or by email at Recreation@StJohns.ca.

For more details visit:
StJohns.ca/Swimming



Fitness

We have a variety of fitness classes available for all ages and abilities.

Drop-in programs: Aquatic Fitness, Adults in Motion, Core Balance and Body Conditioning.

Programs that require registration: Yoga, Body Conditioning (Southlands and Shea Heights Only), and Ever Active.

Children and Youth



National Child Day Events

In honour of National Child Day, we will celebrate with free events including our annual Move it Family Fun Event on Saturday, November 15 from 10 a.m. to noon. Activities will include games, bouncy castles and a sensory-friendly zone. Mascots may be present. Visit StJohns.ca/NationalChildDay for details closer to the event.

Preschool - For children beginning Kindergarten in September 2026. Requires registration.

| | Code | Age | Day | Date | Time | Location | Cost |
|-----------|-------|-----|-------|--------------|----------|------------|-------|
| Preschool | 37136 | 4-5 | M W F | Sep 15-Dec 5 | 9am-noon | PRCC | \$525 |
| Preschool | 37194 | 4-5 | Tu Th | Sep 16-Dec 4 | 9am-noon | PRCC | \$345 |
| Preschool | 37195 | 4-5 | M W F | Sep 15-Dec 5 | 9am-noon | Southlands | \$525 |

Playgroups - The following programs are for children up to age 5

| | Day | Date | Time | Location | Cost |
|--------------|-------|---------------|--------------|------------|---|
| Drop-in Play | M | Sep 8-Dec 15 | 9:30-11:30am | Kilbride | Free For more information visit www.kffrc.com |
| | Tu Th | Sep 9-Dec 18 | | | |
| Playgroup | Tu Th | Sep 9-Dec 11 | 10am-noon | Kenmount | \$2, under 6 months free |
| | Sa | Sep 13-Dec 13 | | | |
| Playgroup | Sa | Sep 13-Dec 13 | 12:30-2:30pm | Southlands | \$2, under 6 months free |
| | Tu | Sep 9-Dec 9 | 10am-noon | | |

Family and Friends - The following programs are for all ages

| | Day | Date | Time | Location | Cost |
|----------------------------|-----|---------------|----------|----------------------|-----------------|
| Family Open Gym Drop-In | Sa | Sep 20-Dec 13 | 6:30-9pm | Kenmount | \$2 drop-in fee |
| Family Fun Day | Su | Oct 5 | 2-4pm | Rotary Sunshine Park | Free |
| Fall Family Fun Day | Sa | Oct 25 | 2-3:30pm | Kilbride | Free |
| Kilbride Holly Jolly Party | Sa | Dec 6 | 2-3:30pm | Kilbride | Free |
| Holly Jolly Family Fun | Su | Dec 7 | 1-3pm | Southlands | Free |

FREE Youth Drop-ins

| | Age | Day | Date | Time | Location |
|------------------------|-------|-------|---------------|----------|--------------|
| Lunch-in | 11-16 | M - F | Sep 8-Dec 12 | noon-1pm | PRCC |
| Drop-in | 12-16 | M | Sep 8-Dec 8 | 6-7:30pm | Kenmount |
| Drop-in Sports | 10-16 | Tu | Sep 9-Dec 9 | 6-8pm | Shea Heights |
| Drop-in | 10-16 | W | Sep 10-Dec 10 | 6-8pm | Shea Heights |
| Drop-in | 10-16 | M | Sep 8-Dec 8 | 6-8pm | Southlands |
| Drop-in Outdoor Sports | 10-16 | Th | Sep 11-Oct 30 | 4-5:30pm | Kilbride |

Leadership - Requires registration.

| | Code | Age | Day | Date | Time | Location | Cost |
|--------------------------|-------|-------|-----|--------|------------|--------------|------|
| Babysitting | 37795 | 11-15 | Sa | Sep 20 | 9am-4:30pm | Shea Heights | \$55 |
| | 37794 | | | Oct 18 | | Southlands | |
| | 37793 | | | Nov 29 | | Kenmount | |
| Home Alone Safety Course | 37791 | 10-12 | Sa | Sep 13 | 9am-4pm | Kilbride | \$55 |
| | 37792 | | | Oct 4 | | Kenmount | |
| | 37790 | | | Nov 15 | | Southlands | |



Volunteer Junior Leader Program

October to December 2025

Volunteer Junior Leader provides junior high and high school aged youth with educational workplace experience mentored by a recreation practitioner. Designed to challenge youth while developing a sense of camaraderie through team building in a funfilled atmosphere.

For more information or to complete the online application visit StJohns.ca/Volunteer, email Volunteer@StJohns.ca or call 709-576-8630.

Adult Programs

Registration is required unless otherwise noted.

Programs can be cancelled one week prior to start of program at the discretion of the City.

Walk & Wheel - Finding it difficult to walk outside? Join us indoors. Bring indoor footwear and a filled water bottle.

| | Code | Day | Date | Time | Location | Cost |
|--------------|-------|-------|--------------|----------|------------|------|
| Walk & Wheel | 37828 | M W F | Sep 8-Dec 12 | noon-1pm | Southlands | Free |

Art

| | Code | Day | Date | Time | Location | Cost |
|--|-------|-----|--------------|-------|--------------|---------|
| Oil Paint - Wine Bottle Still Life | 37841 | Th | Sep 18-Oct 2 | 6-8pm | Mews | \$47.50 |
| Acrylic Paint - Yellow Lily | 37833 | F | Sep 19 | 6-8pm | Mews | \$19.50 |
| Acrylic Paint - Purple Pumpkins | 37834 | F | Oct 3 | 6-8pm | PRCC | \$19.50 |
| Drawing - Tips, Tricks and Getting Started | 37842 | F | Nov 7 | 6-8pm | PRCC | \$18 |
| Acrylic Painting - Chickadee | 37835 | F | Nov 28 | 6-8pm | PRCC | \$19.50 |
| Acrylic Painting | 37837 | Su | Sep 14 | 6-8pm | Kilbride | \$19.50 |
| | 37836 | | Sep 21 | | Southlands | |
| | 37838 | | Oct 12 | | Kilbride | |
| | 37839 | | Nov 9 | | Kilbride | |
| | 37840 | | Nov 23 | | Shea Heights | |

Leisure & Learning *Pending Instructor Availability

| | Code | Day | Date | Time | Location | Cost |
|---|-------|-----|---------------|--------------|----------|--------------------|
| Chess | 37829 | Th | Sep 18-Dec 4 | 9:30-10:30am | Mews | \$5.50 drop-in fee |
| *Bridge Level 1 | 37823 | Tu | Sep 9-Nov 25 | 10am-12:30pm | Kenmount | \$151.25 |
| *Bridge Level 2 | 37824 | W | Sep 10-Nov 26 | 10am-12:30pm | PRCC | \$165 |
| *Bridge Level 3 | 37825 | M | Sep 8-Nov 24 | 10am-12:30pm | Kenmount | \$151.25 |
| Life Long Learners: Virtue, Justice and Human Flourishing | 37809 | M | Sep 22-Nov 17 | 10am-noon | PRCC | \$88 |

Fitness

| | Day | Date | Time | Location | Cost |
|------------------|-----|-------------|-------------|------------|-----------------|
| Open Gym drop-in | M | Sep 8-Dec 8 | 7:30-9:30pm | Kenmount | \$2 drop-in fee |
| | | | 8-10pm | Southlands | |

Handicraft

| | Code | Day | Date | Time | Location | Cost |
|--------------------------|-------|-----|---------------|--------------|------------|------|
| Knitting Circle | 37832 | M | Sep 15-Dec 15 | 10:30am-noon | Mews | \$26 |
| Knitting - Learn to knit | 37831 | M | Oct 6-Dec 1 | 6-8pm | Southlands | \$60 |

Music

| | Code | Day | Date | Time | Location | Cost |
|--------------------------|-------|-----|--------------|-----------------|----------|---------|
| Guitar Beginner | 37844 | Th | Sep 18-Dec 4 | 5:30-7pm | Mews | \$99 |
| Guitar Intermediate | 37845 | M | Sep 15-Dec 1 | 7:30-9pm | Mews | \$90.75 |
| Guitar Advanced | 37843 | Th | Sep 18-Dec 4 | 7:30-9pm | Mews | \$99 |
| Ukulele Beginner | 37851 | M | Sep 15-Dec 1 | 6-7pm | Mews | \$60.50 |
| Keyboarding Beginner | 37846 | Tu | Sep 16-Dec 2 | 9:30-10:45am | Mews | \$75.50 |
| | 37847 | Th | Sep 11-Dec 4 | 9:45-11am | PRCC | \$82.50 |
| Keyboarding Intermediate | 37848 | Tu | Sep 16-Dec 2 | 11am-12:15pm | Mews | \$75.50 |
| | 37850 | | | 12:30-1:45pm | | |
| | 37849 | Th | Sep 11-Dec 4 | 11:30am-12:45pm | PRCC | \$82.50 |

Dance *Pending Instructor Availability

| | Code | Day | Date | Time | Location | Cost |
|----------------------------------|-------|-----|---------------|--------------|----------|--|
| A Time to Dance | 37816 | M | Sep 8-Nov 24 | 1-2pm | PRCC | \$60.50 |
| | 37817 | Tu | Sep 9-Nov 25 | 6:30-7:30pm | | |
| *Beginner Line Dance | 37810 | Tu | Sep 16-Dec 2 | 11am-noon | Mews | \$60.50 |
| | 37811 | | | 12:30-1:30pm | | |
| Intermediate/Advanced Line Dance | 37815 | W | Sep 17-Dec 3 | 12:30-1:30pm | Mews | \$66 |
| | 37814 | | | 2-3pm | | |
| | 37812 | Th | Sep 18-Dec 4 | 11am-noon | | |
| Intermediate Line Dance | 37813 | Th | Sep 18-Dec 4 | 12:30-1:30pm | Mews | \$66 |
| Beginner Ballroom Dance | 37818 | Su | Sep 21-Dec 14 | 6:30-7:30pm | Mews | \$66 per person, partner required, each person must register separately. |
| | 37819 | W | Sep 10-Nov 26 | | PRCC | |
| Intermediate Ballroom Dance | 37820 | Su | Sep 21-Dec 14 | 8-9pm | Mews | |
| | 37821 | W | Sep 10-Nov 26 | | PRCC | |
| Newfoundland Traditional Dance | 37822 | W | Sep 17-Dec 3 | 7:30-9pm | Mews | \$8.25 drop-in fee |

Older Adults (50+)



These programs are for ages 50+ and require registration.

See [page 8](#) for registration details. There are also many other adult programs that may interest you, see [page 12-13](#).

Contact Us

Call 709-576-8490, 709-576-5701
or 709-576-8411

Email Recreation@StJohns.ca or
AdultAndSeniors@StJohns.ca

Active for Life

September 8 to December 1

This fall prevention fitness class will help older adults improve balance and flexibility to decrease the risk of falls.

\$132

Kenmount Terrace Community Centre

Mondays and Wednesdays

1 to 2 p.m.

Event code: 37852



Please note that all programs and events are **strictly scent-free** to ensure a comfortable experience for everyone.

Social Time

Socialize with friends while enjoying leisure activities, music, games and light refreshments.

H.G.R. Mews Community Centre

Mondays

September 15 to December 1

10:30 a.m. to 12:30 p.m.

\$22

Code: 37830

Paul Reynolds Community Centre

Tuesdays

September 16 to December 2

10:30 a.m. to 12:30 p.m.

\$22

Code: 37826

H.G.R. Mews Community Centre

Fridays

September 19 to December 5

10:30 a.m. to 12:30 p.m.

\$24

Code: 37827

Seniors Day 2025

October 9

Join us October 9 as we celebrate seniors with entertainment, light refreshments and exhibitors with information on all things seniors related. Registration is required if you require City busing, information is provided below. Metrobus, GoBus and the Community Bus will be free for seniors 65 and over.

FREE

Paul Reynolds Community Centre

noon to 3:30pm

Code: 37853 (for busing only)



Events and Outings

Registration is required for all events and outings. Meal, refreshments and transportation are included. If you require accommodation to participate or have dietary restrictions we should be aware of, please email AdultAndSeniors@StJohns.ca or call 709-576-8411.

Outdoor Adventures

September 18

Take part in activities with our Outdoor team. Please dress according to weather as some activities may take place outside. \$17

Rotary Park
from 10 a.m. to 1 p.m.
Code: 37807

Social and Bingo

September 25

Enjoy time with friends with lunch and a game of Bingo! Prizes included. \$19

Kenmount Terrace Community Centre from 10 a.m. to 1 p.m.
Event code: 37805

Halloween Dinner and Dance

October 30

Get ready for a spooktacular evening at our Halloween dinner and dance. Dress in your best costume. \$23

City Hall from 6:30 to 10:30 p.m.
Event code: 37802

Neon Night Dinner and Dance

November 13

Our first ever Neon Night! Shine bright with friends and dance the night away. \$23

City Hall from 6:30 to 10:30 p.m.
Event code: 37808

Christmas Sweater Social and Bingo

November 27

Wear your best holiday sweater and join us for a social, lunch and games of bingo. Prizes included. \$19

Kenmount Terrace Community Centre from 10 a.m. to 1 p.m.
Event code: 37804

Christmas Kitchen Party

December 4

Gather around and celebrate the holiday season with Newfoundland traditional music at our annual Kitchen Party. \$19

Shea Heights Community Centre from 12:30 to 4 p.m.
Event code: 37803

Christmas Dinner and Dance

December 11

Celebrate the season with great company at our Christmas dinner and dance featuring entertainment. \$23

City Hall from 6:30 to 10:30 p.m.
Event code: 37800

Christmas Dinner and Dance

December 16

Celebrate the season with great company at our Christmas dinner and dance featuring entertainment. \$23

City Hall from 6:30 to 10:30 p.m.
Event code: 37801

Transportation

Transportation for special events is included in the event price. Please call 709-576-8594 the evening before the event to determine the bus schedule. Pick-ups occur at the following City facilities and apartment complexes:

- Bishop Meaden Manor
- Building #10 Pasadena Cres
- Building #35 Tiffany Lane
- Churchill Square
- H.G.R. Mews Community Centre
- Kelly's Brook Apartments (Main entrance)
- Maplewood Apartments
- Morgan Hollow
- Paul Reynolds Community Centre
- Shea Heights Community Centre
- St. George's Court Apartments
- St. Luke's Cottages/ Babb Manor
- Thomas Estates
- Victoria Manor
- Wigmore Manor

NOTE: If the bus cannot fit into the parking lot it will park at the entrance of the lot.



ST. JOHN'S VOTES 2025

The **2025** Municipal General Election
is **Thursday, October 2, 2025.**

Interested in running or want to know more
about how you can vote?

Visit StJohns.ca/Vote or scan the QR code.

You can also request more information by:
Calling **311** or **709-754-CITY (2489)**
Emailing Election@StJohns.ca



PUMPKIN WALK



Bring your Jack O' Lantern and light up
Bannerman Park at our annual Pumpkin
Walk! Enjoy a live DJ and pop-up
performances — we'll provide a light for
your pumpkin.

**All pumpkins will be composted after
the event.**

Bonus! Free Backyard Compost Session
1–2 p.m. | Bannerman Park Pool House
Drop off your pumpkin and learn how to
compost at home.

The Loop, Bannerman Park
Saturday, November 1
5:30 to 8:30 p.m.



Learn more and explore accessibility
features: StJohns.ca/PumpkinWalk