



**Activity: National Child's Day Playdoh**

**Space:** Kitchen table or counter space

**Supplies.** Flour, Salt, Oil, Hot boiling water, Blue food coloring, Mixing bowl and Spoon

**Ages:** 3 years +

**Ingredients**

- 2 cups flour
- 1 cup salt
- 1 tbs oil
- 1 cup cold water
- 2 drops liquid food coloring

**Instructions: (Adult supervision)**

1. Combine plain flour and salt.
2. Add water, food coloring and oil. Mix until ingredients are combined.
3. Knead well.
4. If consistency is too wet add a little flour.

For more activities for National Child Day please visit:

<https://www.canada.ca/en/public-health/services/national-child-day.html>